# **Victim Volunteer Instructions**

Thank you for your participation in Central Florida's regional mass casualty exercise! Your role is crucial to our success.

This exercise prepares local hospitals to save lives in a disaster. Below is important information to guide you through your role. Please review and follow all the guidelines presented.



### **Volunteer Staging:**

Be at your assigned staging location at the appointed time. During staging, you'll be registered, turn in your waiver, receive an exercise t-shirt and a triage tag. You'll also go through moulage (mock injury makeup) if needed.

### **Exercise Play at the hospitals:**

After arriving at the hospital you'll be playing the role of a victim based on the injuries described on your triage tag. **DO NOT** remove your triage tag or exchange it with a friend. If hospital staff try to take your triage tag, please remind them it's your identification and must stay with you for the entire exercise.

**REMEMBER:** The hospital staff are still treating real patients during the exercise, so this is a stressful learning environment for them. Please be patient and respectful.

## **PLEASE DO NOT:**

- DO NOT overact.
- DO NOT improvise this causes confusion for medical staff trying to identify symptoms.
- DO NOT physically leave the assigned area, or the hospital. If hospital staff say they're
  going to physically transport you to another hospital, STOP and ask to speak to
  your teacher, chaperone or the staging coordinator.

#### WHEN THE EXERCISE ENDS:

You'll be given lunch, then returned to your school or staging area. If you drove yourself, you may leave.

An electronic survey link will be sent to you after the exercise. Please take the time to complete it, as your feedback helps us learn and make future exercises better. You'll also receive a certificate of appreciation noting 8-hours of community service.



- DO play safe. Stop all play if you hear "Freeze" called by staff.
- DO report any skin allergies to staff before receiving moulage.
- DO report any injury or illness at once.
- DO wear your t-shirt throughout the exercise to identify you as an exercise participant.
- DO wear your triage tag at all times!
- DO wear old clothes. Depending on your triage tag, your clothing may be cut or torn (to show a wound). You will not get wet during this exercise.
- DO follow instructions and cooperate fully with hospital staff.
- DO act the part given to you (see acting instructions on the back of your triage tag), but always be mindful that you are NOT a "real" patient.
- DO be polite and respectful. Real patients may also be in the exercise area.
- DO be on time for your assigned bus or on time at your assigned hospital if driving.



# Do Not's:

- If you are transported by bus, DO NOT leave your bus once you board; go to the restroom before you get on the bus!
- DO NOT take photos/video at the hospital (this violates patient confidentiality)!
- DO NOT remove or exchange your triage tag!
- DO NOT at any time leave your assigned area without notifying your teacher or staging coordinator.
- DO NOT leave your assigned hospital.
   If hospital staff indicate that they are transferring you to another hospital, ask that they STOP and let you speak with your teacher or staging coordinator.
- DO NOT roam the hospital when "discharged." Stay in the area assigned by hospital personnel until you are instructed to return to the bus or leave if driving.
- DO NOT feel neglected if you aren't attended to immediately. You WILL be taken care of by staff but be patient! This is a learning experience for hospitals. Remember, real patients must be their first concern.
- DO NOT leave until everyone leaves!
   The hospital coordinator will dismiss you upon completion of the exercise and lunch. Once excused go immediately back to your assigned bus or return to your vehicle.

