

June 15, 2023 Central Florida Disaster Medical Coalition Member Meeting Minutes

Attendees: See attached list

Welcome: Reginald Kornegay, CFDMC Board Chair, welcomed those present and on-line, and thanked all for participating. He thanked Joan Rivera and Indian River State College for hosting the meeting. Note: the meeting was recorded but due to technical difficulties the recording is not available.

Think Big, Go Big, Go Fast, Be Smart About It: Craig Fugate, former FEMA Administrator, and former Florida Division of Emergency Management Director, provided an overview of responses he has seen over the years. He provided insight on successfully managing responses. To think big, plan for the worst possible scenario. In going big, look at how many might be potentially impacted and scale up for that. You can always scale back, but if not, you will always be playing catch-up. To go fast and be smart about it, he stated that decisions need to be made quickly based on what you know. You can't wait until everything is confirmed or for numerous meetings. For example, if you have one lab confirmation and others with the same symptoms, you can assume that the others will be confirmed cases and act based on that. He described lessons learned from COVID and other events, such as the need to involve the Defense Production Act earlier.

National Weather Service 2023 Hurricane Briefing: Will Ulrich provided an overview of past seasons and what to expect in the coming season (see attached presentation)

First Responder Support Program: Dr. Christine Cauffield provided an overview of a new first responder peer support program available to all first responders, including healthcare personnel (see attached presentation).

Coalition Wrap-up: Reggie Kornegay thanked all for attending and encouraged all to complete the electronic meeting survey that will be sent out on Friday. He reminded all that the next meeting is scheduled for September 21 at the Volusia EOC. He also asked all to save the date for the annual conference, scheduled on December 13 and 14.

Indian River State College Overview & Tour: Dr. Tim Moore provided an overview of Indian River State College innovations and future plans, which include a nursing and medical school and a continued focus on community partnerships and emergency preparedness. Joan Rivera provided a tour of the campus.

Attendees


Kim	Allen	AHCA
Aubrie	Austin	Volusia Co Emergency Management
Robert	Barroso	Orlando VA Emergency Management
Valeen	Bell	
Ed	Bradley	DOH-Martin
Avi	Bryan	City of Altamonte Springs Emergency Management
Jamie	Buechele	Grainger
Nathan	Carpenter	Brooks Rehabilitation
Marcie	Carter	Aza Health
Christine	Cauffield	LSF Health Systems
Chris	Colby	FCHC
Deborah	Collinge	DOH-Orange
Tiffany	Collins	DOH
Brody	Courtepatte	Grainger
David	Crowe	DOH
Chris	Dorans	FDOH
Jemima	Douge	Poison Control
Lynne	Drawdy	CFDMC
Molly	Ferguson	Molly Ferguson, Community Health Centers, Inc.
Amanda	Freeman	Orange EMS
Cedah	Friday	Orlando Health
Craig	Fugate	IRSC
Olive	Gaye	GenCare Resources
Loretta	Goggin	FCRT
Ron	Guerrero	St. Lucie Public Safety
Don	Hughes	Fed NDMC
Kelley	Jenkins	HCA Lawnwood
Amy	Johnson	AdventHealth New Smyrna Beach
Samantha	King	DOH-Seminole
Georgianna	Kirk	FCHC/CFDMC Board
Aaron	Kissler	DOH-Lake
Reginald	Kornegay	VA
Kathleen	Lyons	DOH-Brevard
Michael	Mesa	The Gardens at DePugh NH
Matt	Meyers	CFDMC
Tim	Moore	IRSC
Ana	Nieves	DOH-Brevard
John	Orlen	Ambulatory Surgical Care
Ihab	Osman	DOH-Orange
Laurie	Owens	FDOH
Joan	Rivera	IRSC
Fernando	Saavedra	Westminster Towers
AJ	Saunders-Johnson	AdventHealth
Breanne	Southwood	Haven Home Health
Dodi	Spence	VITAS
Clint	Sperber	DOH-St. Lucie
Chris	Stabile	CFDMC
Karen	Street	DOH-Brevard
Lauren	Thompson	UCF College of Medicine

Stephanie	Turner	FCHC
Brittney	Tyler	Apopka Health and Rehabilitation Services
Will	Ulrich	NWS
Lynda	W.G.Mason	CFDMC Board
Mackenzie	Williams	VITAS Healthcare Volusia/Flagler/Putnam
Lydia	Williams	DOH-St. Lucie



CFDMC Meeting Agenda

Thursday, June 15, 2023 - 9 am to 12:30 pm
Indian River State College's Treasure Coast Public Safety Training Complex
4600 Kirby Loop Rd, Fort Pierce FL 34981 (see attached map)
or via webinar at <https://global.gotomeeting.com/join/598416949>
or 1-646-749-3122, 598-416-949#

Time	Topic
9:00 – 9:15 am	<p>Welcome, Housekeeping & Introductions Reginald Kornegay, CFDMC Chair</p> <p>If virtual, please confirm your attendance by putting your name and organization name in the chat function, or by emailing your name and organization to info@centralfladisaster.org</p>
9:15 am – 10:15 am	<p>Think Big, Go Big, Go Fast, Be Smart About It Craig Fugate</p> <div style="display: flex; align-items: flex-start;">  <div style="flex-grow: 1;"> <p>W. Craig Fugate served as President Barack Obama's FEMA Administrator from May 2009 to January 2017. Previously, he served as Florida Governor Jeb Bush's Emergency Management Director from 2001-2007 and Governor Charlie Crist from 2007-09. Craig led FEMA through multiple record-breaking disaster years and oversaw the Federal Government's response to major events such as the Joplin and Moore Tornadoes, Hurricane Sandy, Hurricane Matthew, and the 2016 Louisiana flooding. He set a clear and compelling vision, mission, and priorities for FEMA and relentlessly drove the Agency to achieve better outcomes for survivors. FEMA's effectiveness in dealing with more than 500 Presidentially-declared major disasters and emergencies under Craig's leadership restored the faith of the American people in the Federal Government's ability to respond to disasters. Prior to his tenure at FEMA, Craig was widely praised for his management, under Governor Jeb Bush, of the devastating effects of the 2004 and 2005 Florida hurricane seasons (Charley, Frances, Ivan, Jeanne, Dennis, Katrina, and Wilma). Craig currently provides senior level advice and consultation in the area of disaster management and resiliency policy through Craig Fugate Consulting LLC. He also serves as the Chief Emergency Management Officer at One Concern.</p> </div> </div>
10:15 am – 11:15 am	<p>Hurricane Season Briefing, Will Ulrich, NOAA</p> <p>Will Ulrich is the Warning Coordination Meteorologist with the National Weather Service in Melbourne, FL. He serves as the primary liaison between the forecast office and its key partners within east Central Florida, including federal, state, and local government agencies, as well as the media and the public. Additionally, he is responsible for executing weather safety programs designed to mitigate the loss of life, injury, and property damage caused by</p>

	hurricanes, tornadoes, and other severe weather phenomena. Will was born and raised in southern New Jersey where he gained an interest in meteorology at age 7, when the March 1993 Superstorm roared up the eastern seaboard of the U.S. He holds both a Bachelor's and Master's in Meteorology from the Florida Institute of Technology.
11:15 – 11:45 AM	First Responder Support Program Dr. Christine Cauffield, Psy.D, LSF Health Systems
11:45 – 11:50 AM	Coalition Wrap-up, Reginald Kornegay <ul style="list-style-type: none"> • Next Meeting: September 21 at Volusia EOC • Save the Date: December 13 & 14 (Annual Conference) • E-Survey
11:50 AM – 12:30 PM	Indian River State College Overview & Tour Dr. Timothy Moore, President

Indian River State College's Treasure Coast Public Safety Training Complex Auditorium
4600 Kirby Loop Rd, Fort Pierce FL 34981
Enter via the East entrance – see map below

The Treasure Coast Public Safety Training Complex at Indian River State College (IRSC) is one of the most comprehensive, technologically advanced public safety training facilities in the nation. The 50-acre, eight-building Complex has gained national and international attention for its proactive approach to disaster prevention, response, recovery, and relief. The Complex enables IRSC to combine criminal justice, fire science, emergency management, public administration, paralegal and human services education in one place for a coordinated response to all types of emergencies. This innovation in public service education provides students with access to quality instruction, integrating academics, technology, and practical applications that lead to degrees and certifications in the public service sector.

At a local level, the proximity of the Complex to public safety agencies helps Treasure Coast communities save money on continuing education and enables them to easily work together to fine-tune interagency response to hurricanes and other natural and man-made disasters. At a national level, specialized training and workshops attract thousands of public service professionals from around the nation. IRSC has hosted federal agencies for training to prepare for large-scale events.





Central Florida Disaster Medical Coalition (CFDMC) Member Meeting

June 15, 2023– 9 am to 12:30 PM

Note: Meeting will be recorded



- ▶ Please place your phone on mute when not speaking
- ▶ Don't place your phone on hold
- ▶ Use either computer audio and mic, or phone, not both – this can cause feedback noise
- ▶ Use the chat feature to raise issues or ask questions
- ▶ We may need to mute all lines. You can unmute yourself by clicking the microphone icon



Reginald Kornegay, 2023 CFDMC Chair

- ▶ Welcome & Announcements
- ▶ In person, please sign in
- ▶ For those on webinar, please submit your name and organization in chat.
- ▶ For those on the phone, please email your name and organization to info@centralfladisaster.org

Craig Fugate



**Think Big,
Go Big,
Go Fast,
Be Smart About It**

Will Ulrich, National Weather Service



2023 Hurricane Season Briefing



Christine Cauffield, Psy.D,
LSF Health Systems

First Responder Support Program



Coalition Wrap-up

- ▶ Questions
 - ▶ Other Announcements
 - ▶ Next Meeting: September 21 at Volusia EOC
 - ▶ Save the Date: Annual Conference
December 13 & 14
- 

Indian River State College Overview

Dr. Timothy Moore, President



A tour will follow

NWS Tropical Season Update

Central Florida Disaster Medical Coalition

June 15, 2023



Will Ulrich

Warning Coordination Meteorologist

william.ulrich@noaa.gov





- National Weather Service Overview
- Tropical Storms & Hurricanes Basics
- Tropical Products & Services
- A Look Back at 2022
- What About 2023?
- Hurricane Preparedness & Safety



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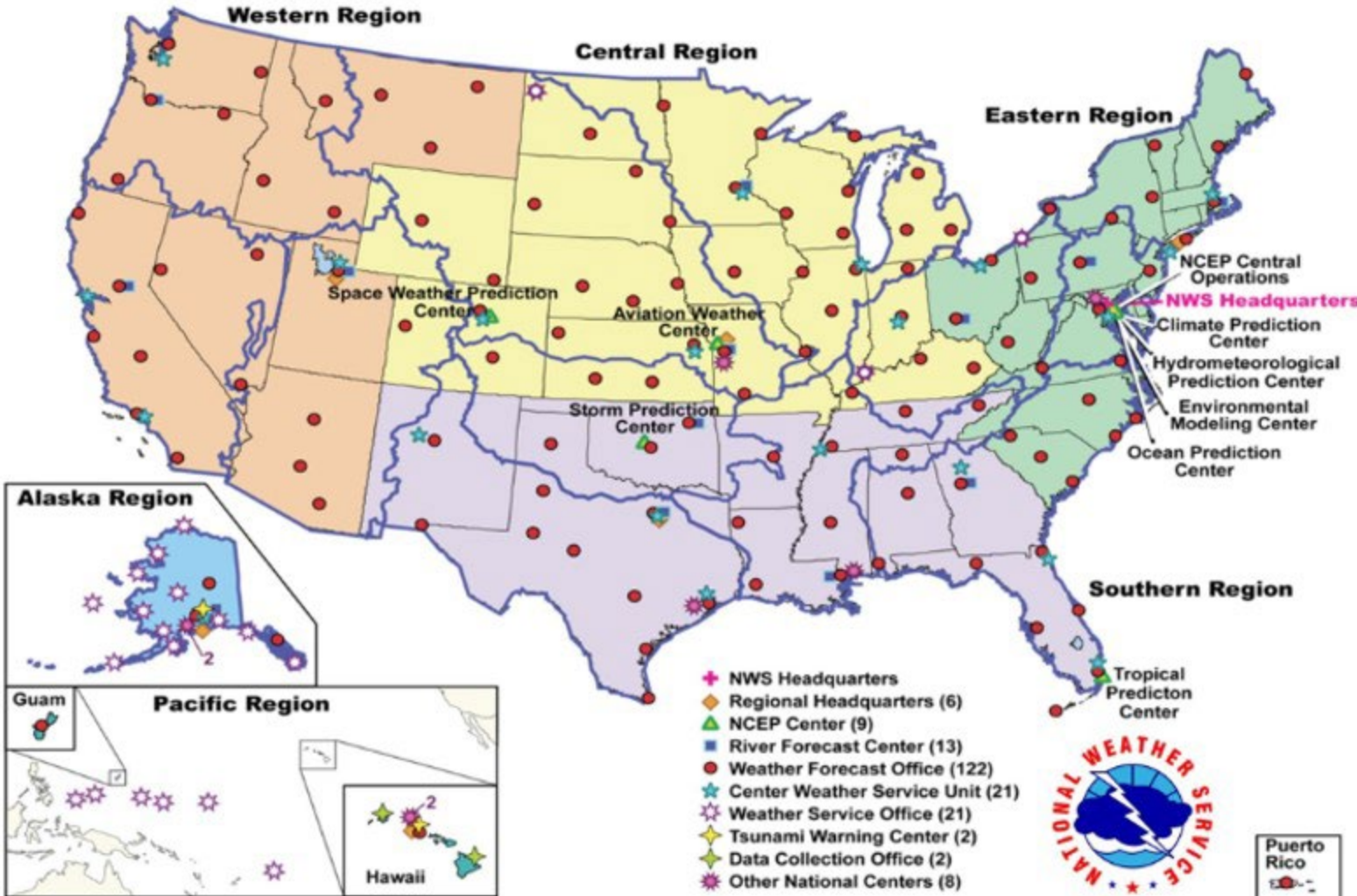
National Weather Service

An Overview



WEATHER FORECAST OFFICE

Melbourne Florida



National Weather Service

...runs **168** operational units.

...has **~4500** employees, **86%** are in the field.

...issues **1.5 million** forecasts and **50,000** warnings each year.



An Overview



Weather Forecast Offices

...a total of **122** across the country.

...each staffed with **20-25** employees.

...operates **24** hours a day, **7** days a week.





Our Mission & Vision

The Mission

*“Providing weather, water, and climate data, forecasts, warnings, and impact-based decision support services **for the protection of life and property...**”*



*“A Weather-Ready Nation where **society is prepared for and responds to** weather, water, and climate-dependent events.”*

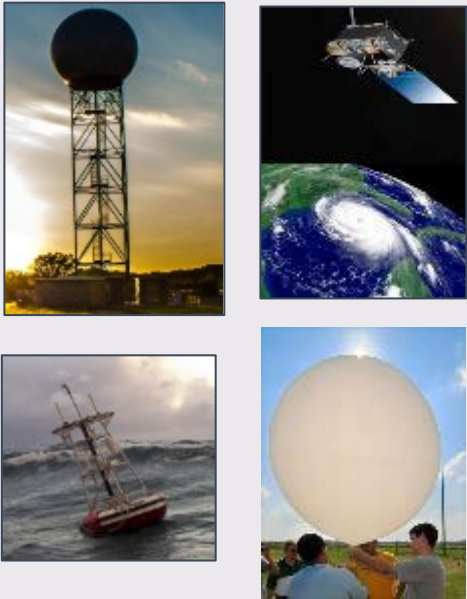
The Vision



What Do We Do?

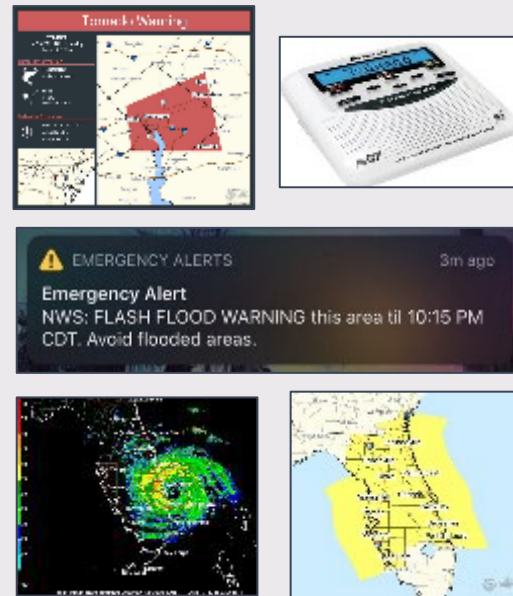
Observe & Collect

Near-surface, atmospheric, and oceanic data



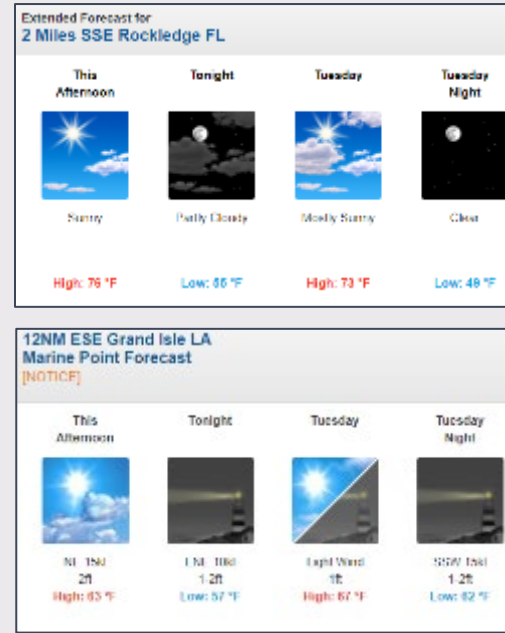
Issue Watches & Warnings

Tropical, severe, flood, fire, winter, marine, heat, cold, fog



Issue Forecasts

7-day, marine, aviation, fire weather, decision support



Provide IDSS

Impact-Based Decision Support Services

Customer-centric support through all phases of an event

PREPAREDNESS



PLANNING

RESPONSE & RECOVERY



National Weather Service



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Watches & Warnings

SEVERE WEATHER

- Tornado ●
- Severe Thunderstorm ●
- Flash Flood ●

WINTER WEATHER

- Blizzard
- Winter Storm
- Ice Storm
- Snow Squall Warning ●
- Wind Chill
- Avalanche

TROPICAL WEATHER

- Tropical Storm
- Hurricane ●
- Storm Surge ●
- Extreme Wind Warning ●

MARINE WEATHER

- Small Craft Advisory
- Gale
- Storm
- Special Marine Warning
- High Surf Advisory
- Rip Current Statement
- Coastal Flood
- Tsunami ●

FIRE WEATHER

- Fire Weather Watch
- Red Flag Warning

OTHER

- Airport Weather Warning
- Dense Fog Advisory
- Dust Storm Warning ●
- Civil Emergency Message

● Wireless Emergency Alert (WEA)





START

<https://www.weather.gov>



END

<https://www.weather.gov/MLB>



- National Weather Service Overview
- Tropical Storms & Hurricanes Basics
- Tropical Products & Services
- A Look Back at 2022
- What About 2023?
- Hurricane Preparedness & Safety

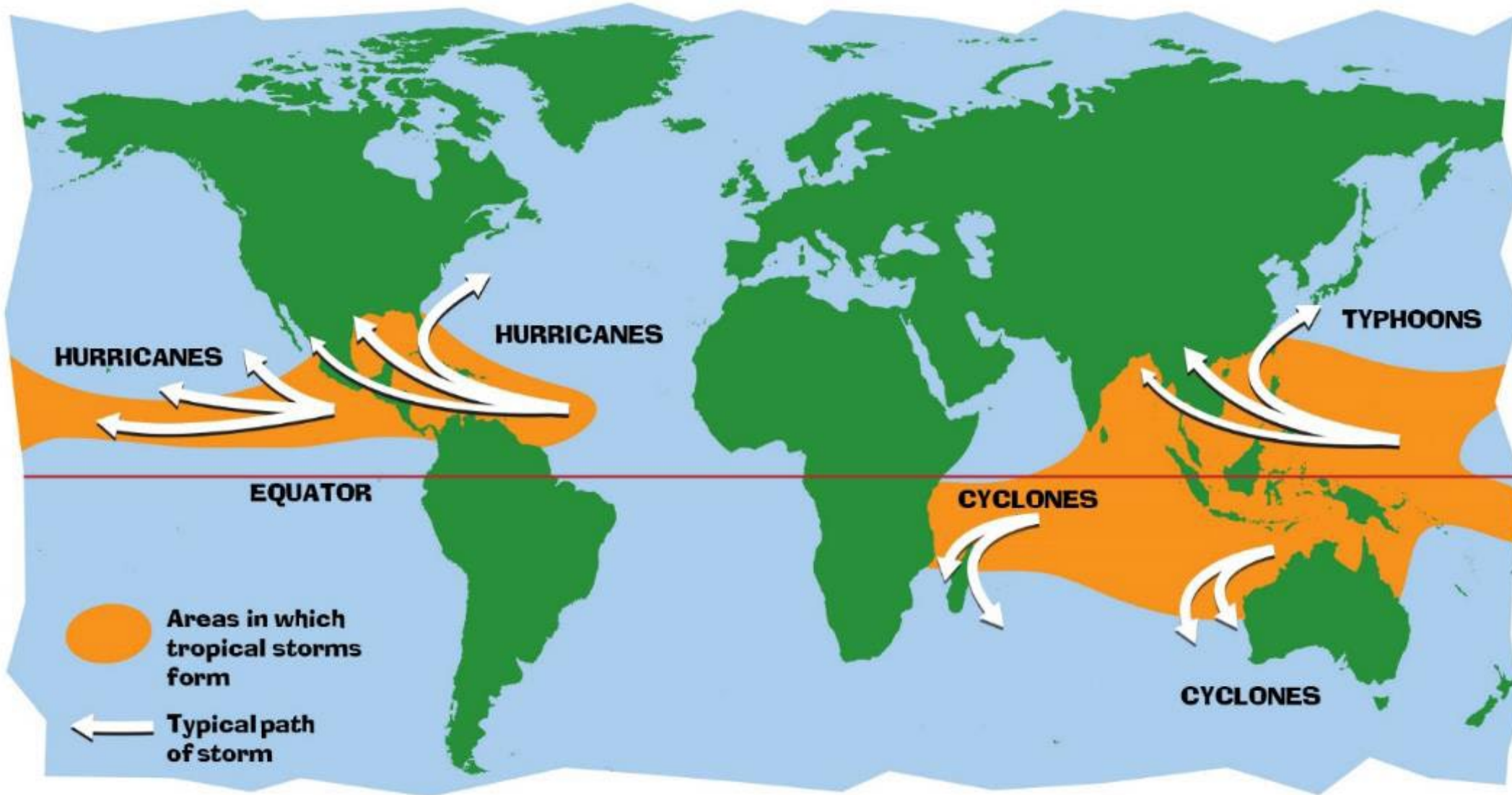
Tropical Cyclones 101

Development Regions



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Tropical Cyclones 101

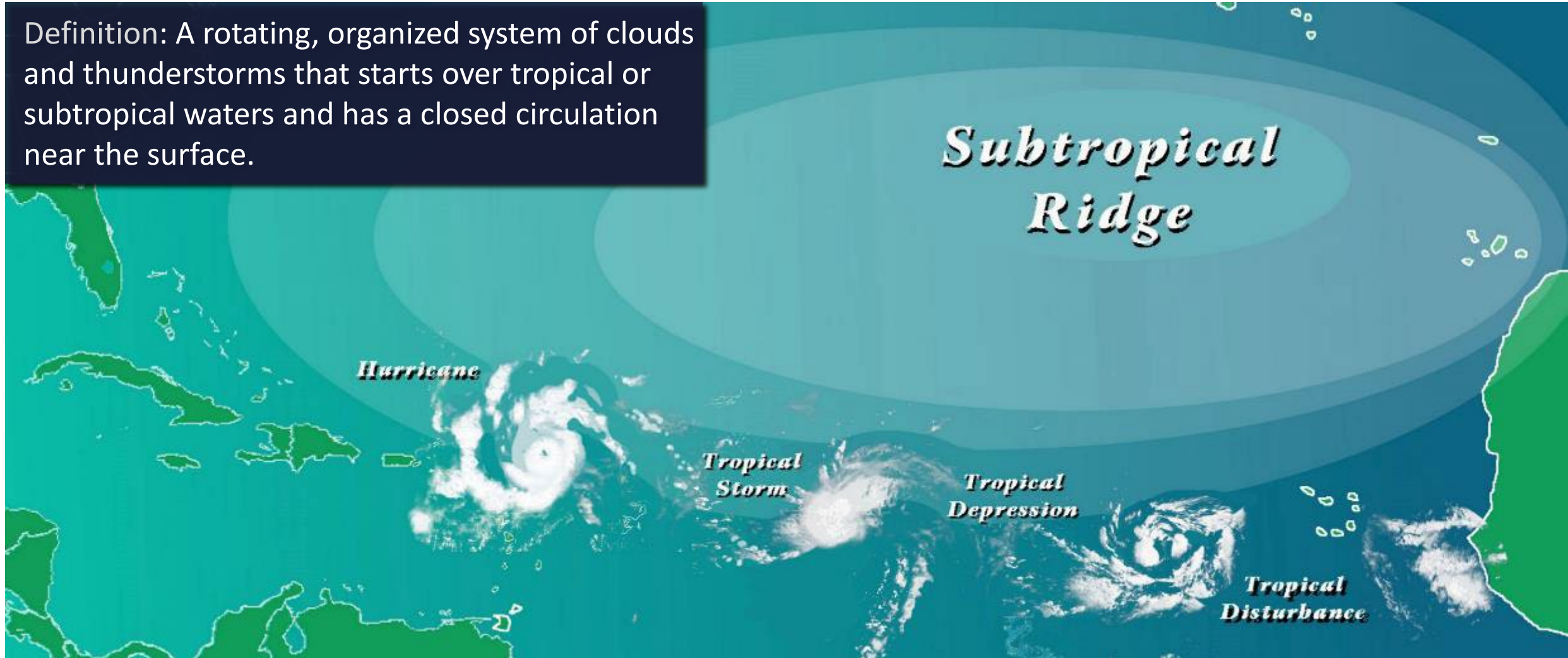


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— Melbourne  Florida —

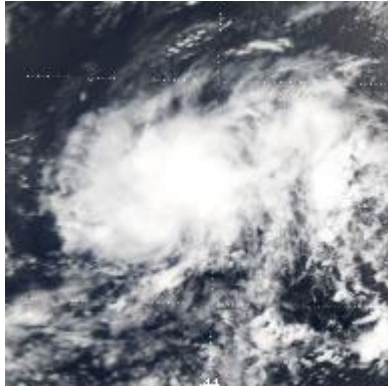
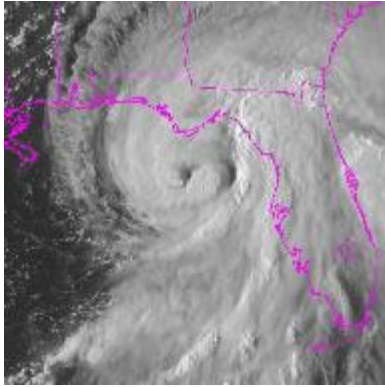


Definition

Definition: A rotating, organized system of clouds and thunderstorms that starts over tropical or subtropical waters and has a closed circulation near the surface.





Tropical Cyclone Come in All Shapes & Sizes!

<p>Tropical Depression (winds at or below 38 mph)</p>		<p>Hurricane (winds at or above 74 mph)</p>	
<p>Tropical Storm (winds between 39 – 73 mph)</p>		<p>Major Hurricane (winds at or above 111 mph)</p>	



Saffir-Simpson Wind Scale

Saffir-Simpson Hurricane Wind Scale



WIND: 74-95 mph

DAMAGE: Very dangerous winds will produce some damage



WIND: 96-110 mph

DAMAGE: Extremely dangerous winds will cause extensive damage



WIND: 111-129 mph

DAMAGE: Devastating damage will occur



WIND: 130-156 mph

DAMAGE: Catastrophic damage will occur



WIND: 157 mph or higher

DAMAGE: Catastrophic damage will occur



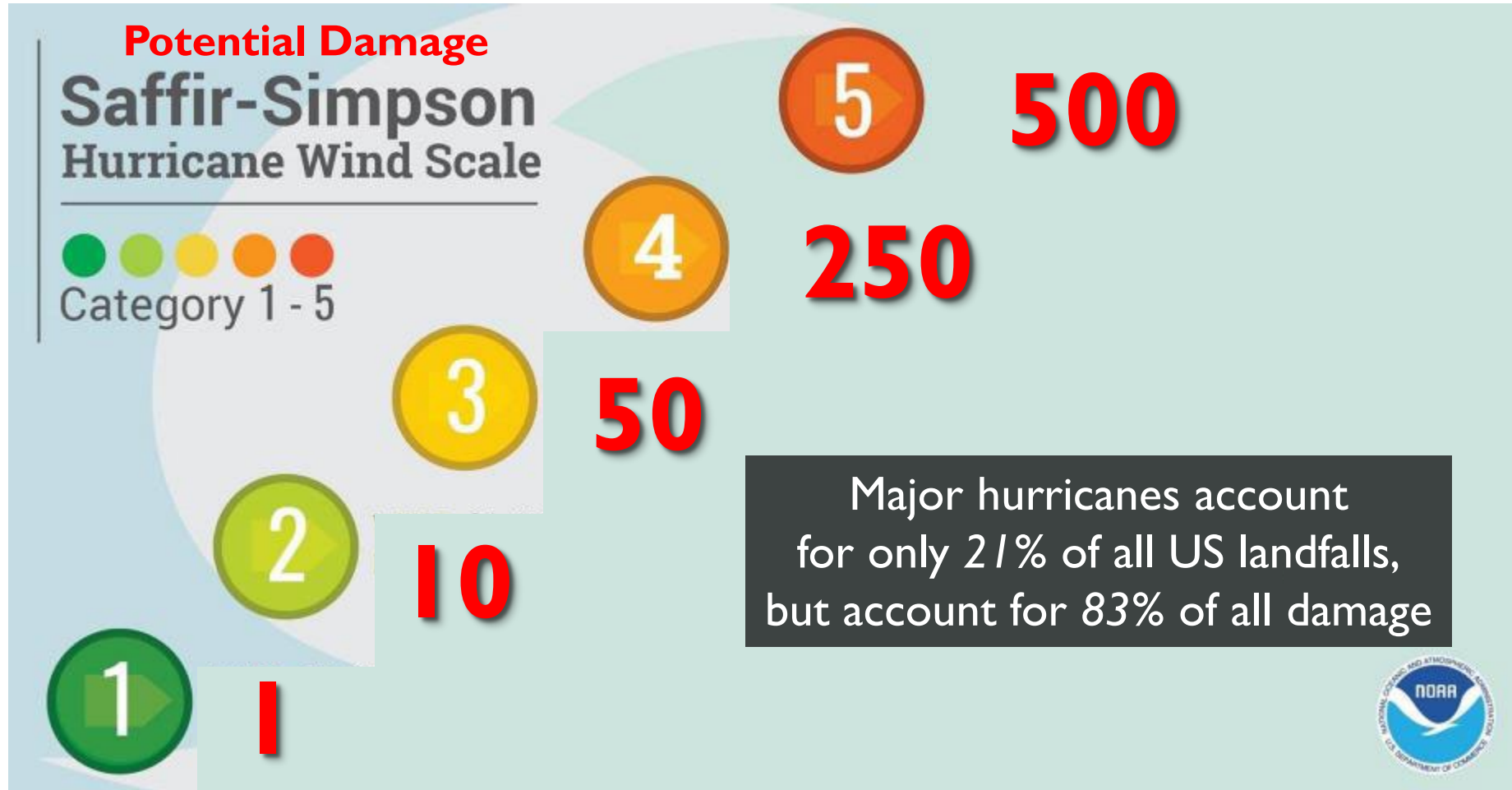
Tropical Cyclones 101

Saffir-Simpson Wind Scale



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Tropical Cyclones 101

Hazards



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All tropical cyclones can produce one or combination of these!



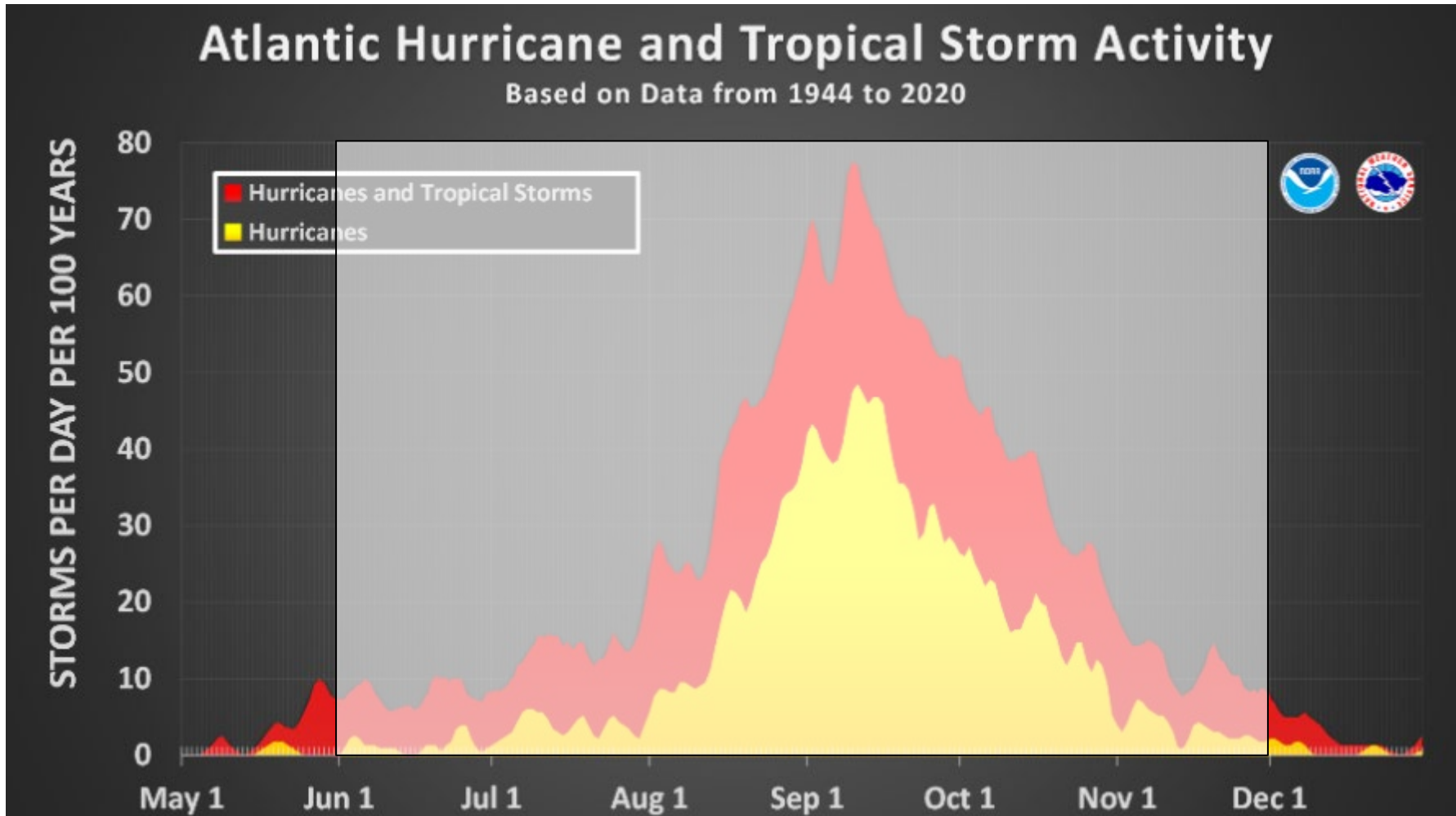
Tropical Cyclones 101

Hurricane Season



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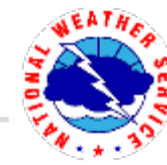
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June 1st-November 30th
Encompasses 97% of All Activity

Tropical Cyclones 101

June Hurricanes (1851-2020)

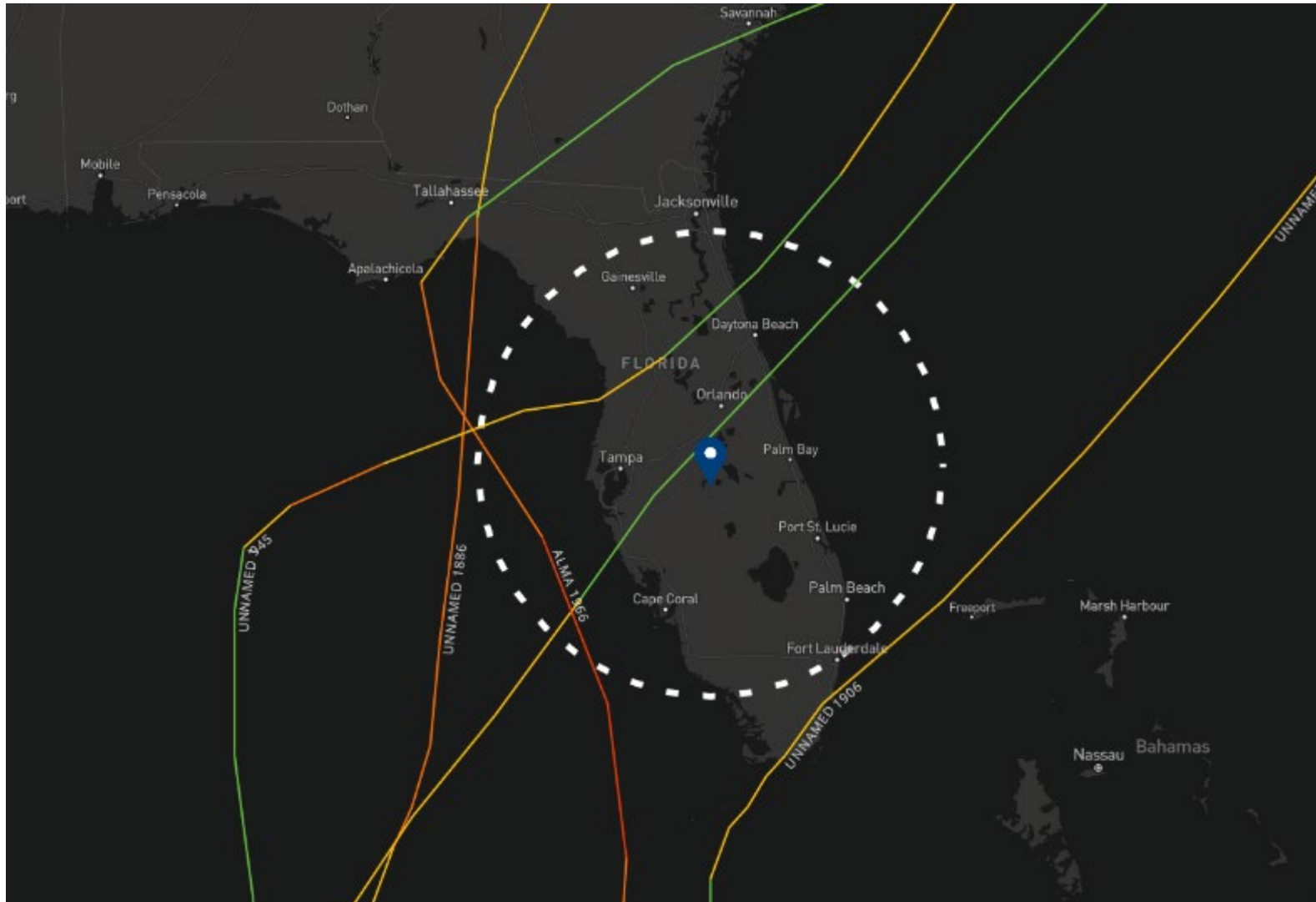


WEATHER FORECAST OFFICE

Melbourne Florida

2 Hurricanes
16 TS (not shown)

- Category 5
- Category 4
- Category 3
- Category 2
- Category 1
- Tropical Storm
- Tropical Depression
- Extratropical Storm



Tropical Cyclones 101

July Hurricanes (1851-2020)

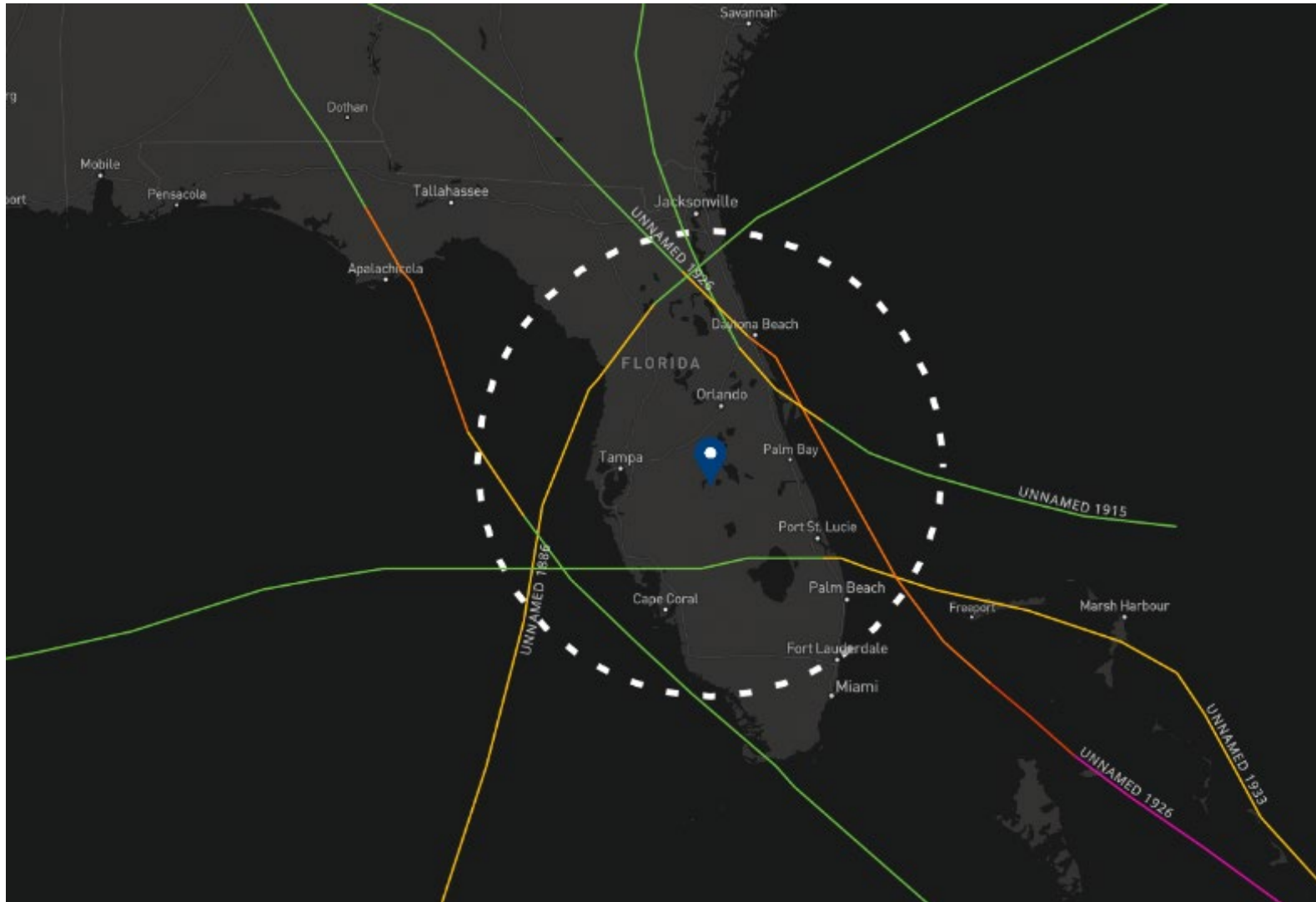


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5 Hurricanes
12 TS (not shown)

- Category 5
- Category 4
- Category 3
- Category 2
- Category 1
- Tropical Storm
- Tropical Depression
- Extratropical Storm



Tropical Cyclones 101

August Hurricanes (1851-2020)

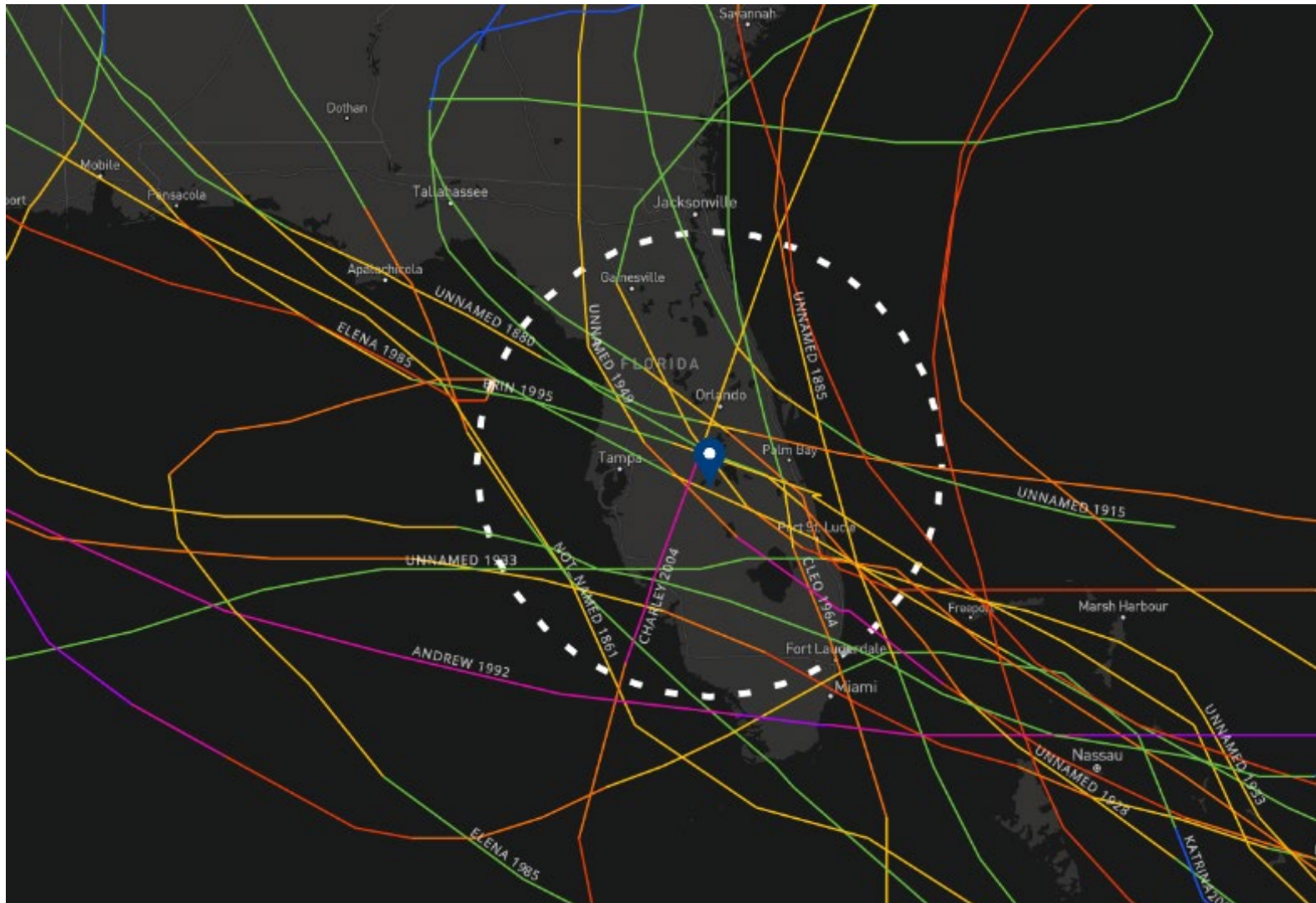


WEATHER FORECAST OFFICE

Melbourne Florida

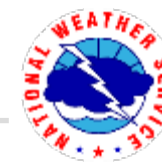
22 Hurricanes
27 TS (not shown)

- Category 5
- Category 4
- Category 3
- Category 2
- Category 1
- Tropical Storm
- Tropical Depression
- Extratropical Storm











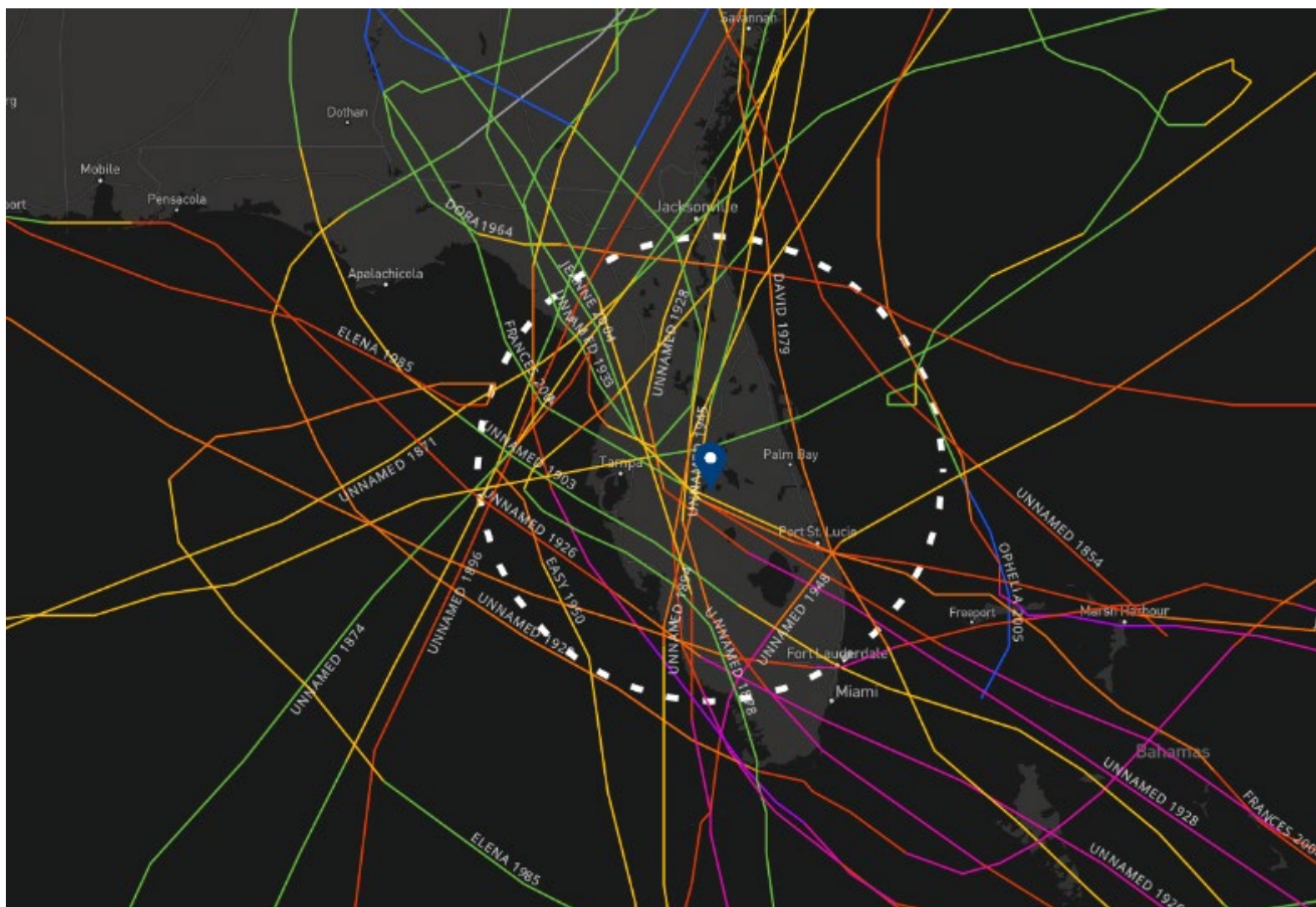
Tropical Cyclones 101

September Hurricanes (1851-2020)



27 Hurricanes
37 TS (not shown)

-  Category 5
-  Category 4
-  Category 3
-  Category 2
-  Category 1
-  Tropical Storm
-  Tropical Depression
-  Extratropical Storm



Tropical Cyclones 101

October Hurricanes (1851-2020)

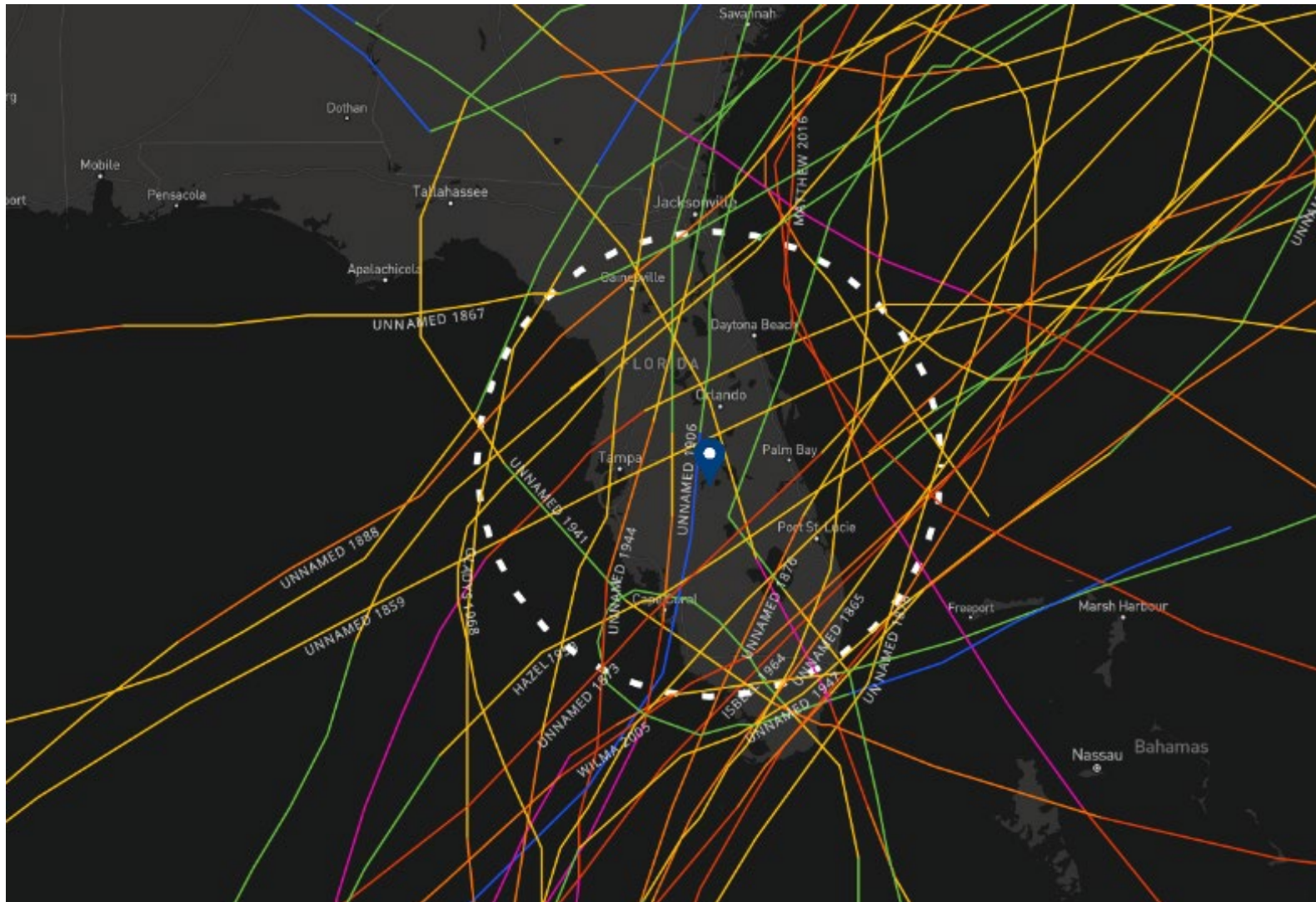


WEATHER FORECAST OFFICE

Melbourne  Florida

34 Hurricanes
26 TS (not shown)

- Category 5
- Category 4
- Category 3
- Category 2
- Category 1
- Tropical Storm
- Tropical Depression
- Extratropical Storm



Tropical Cyclones 101

November Hurricanes (1851-2020)

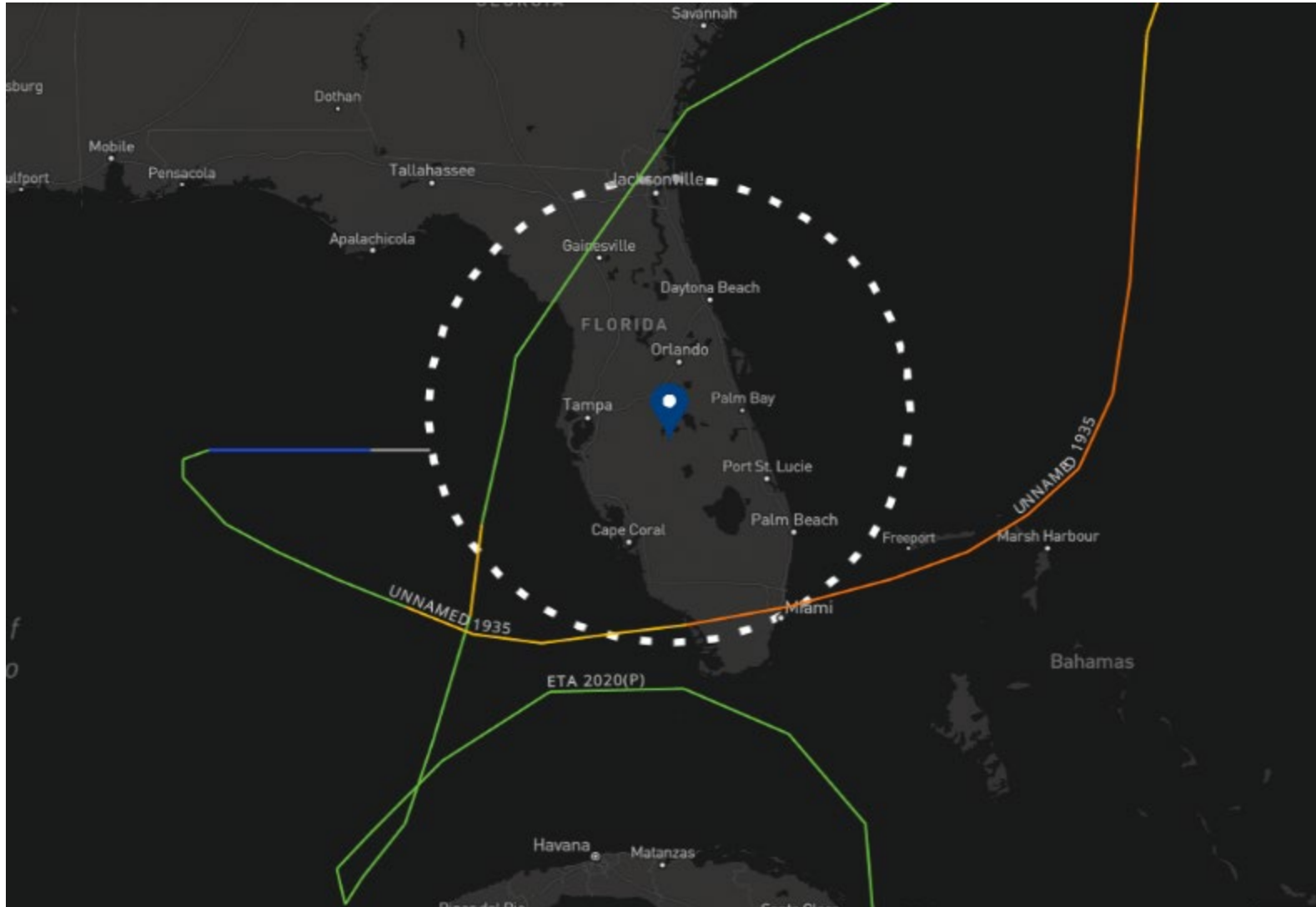


WEATHER FORECAST OFFICE

Melbourne  Florida

2 Hurricanes
7 TS (not shown)

- Category 5
- Category 4
- Category 3
- Category 2
- Category 1
- Tropical Storm
- Tropical Depression
- Extratropical Storm





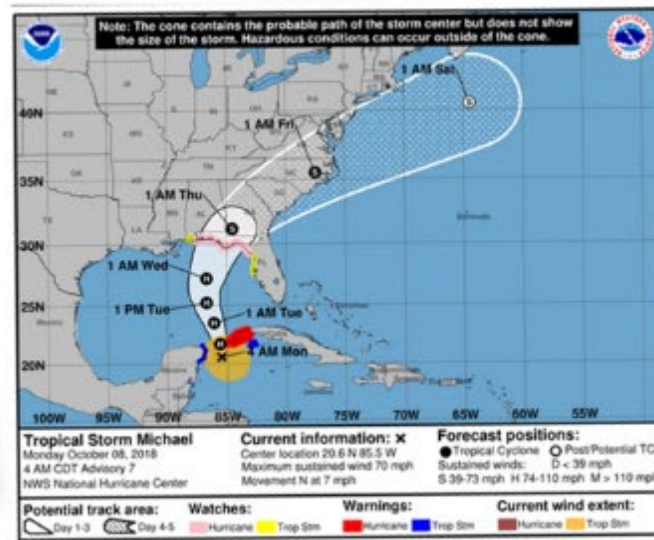
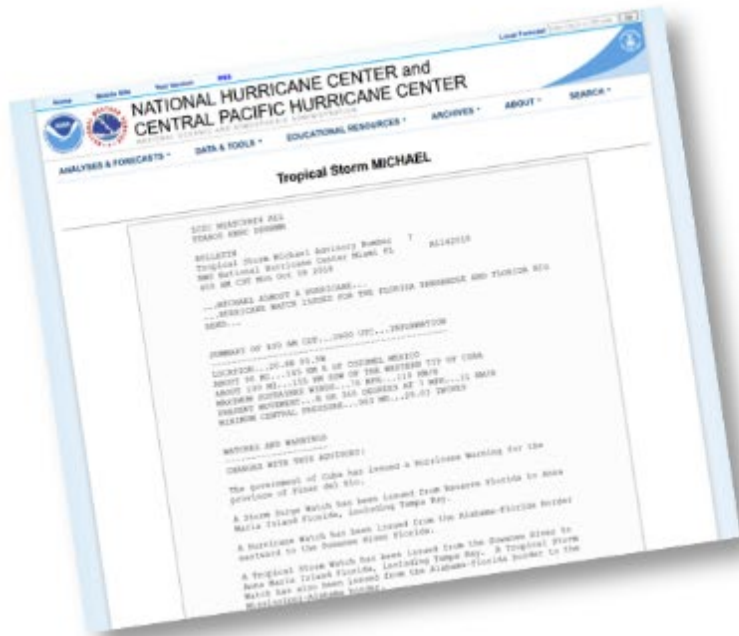
- National Weather Service Overview
- Tropical Storms & Hurricanes Basics
- Tropical Products & Services
- A Look Back at 2022
- What About 2023?
- Hurricane Preparedness & Safety



National Center(s) Role

- National Hurricane Center
- Weather Prediction Center
- Storm Prediction Center
- National Water Center

...provide the 'big picture' that complements and guides local NWS forecast office products



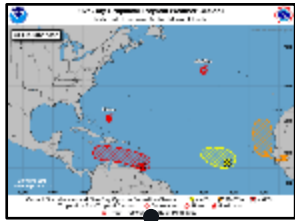
Tropical Products & Services



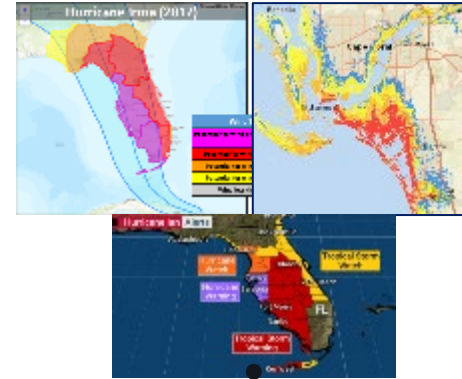
WEATHER FORECAST OFFICE

Melbourne Florida

Timeline



- Tropical Weather Outlook



- Tropical Watches & Warnings
- Potential & Expected Storm Surge
- Hurricane Threats & Impacts

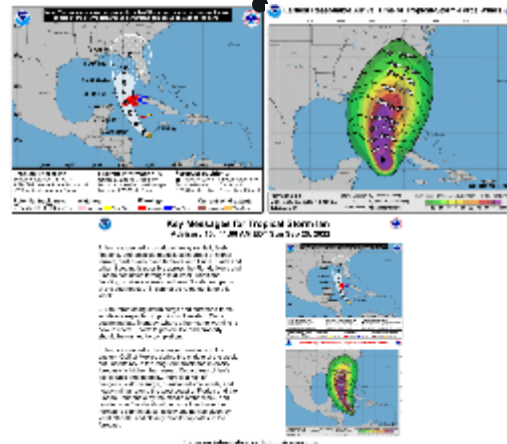
Days 6-7

Day 3-5

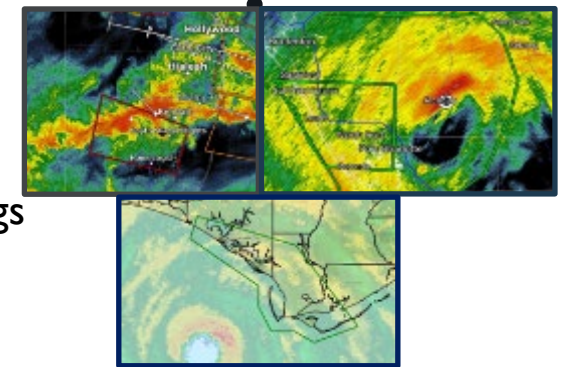
Days 1-2

Impact Day

- Potential Track Forecast
- Wind Speed Probabilities
- Time of Arrival Graphics
- NHC Key Messages



- Tornado Warnings
- Extreme Wind Warnings
- Flash Flood Warnings



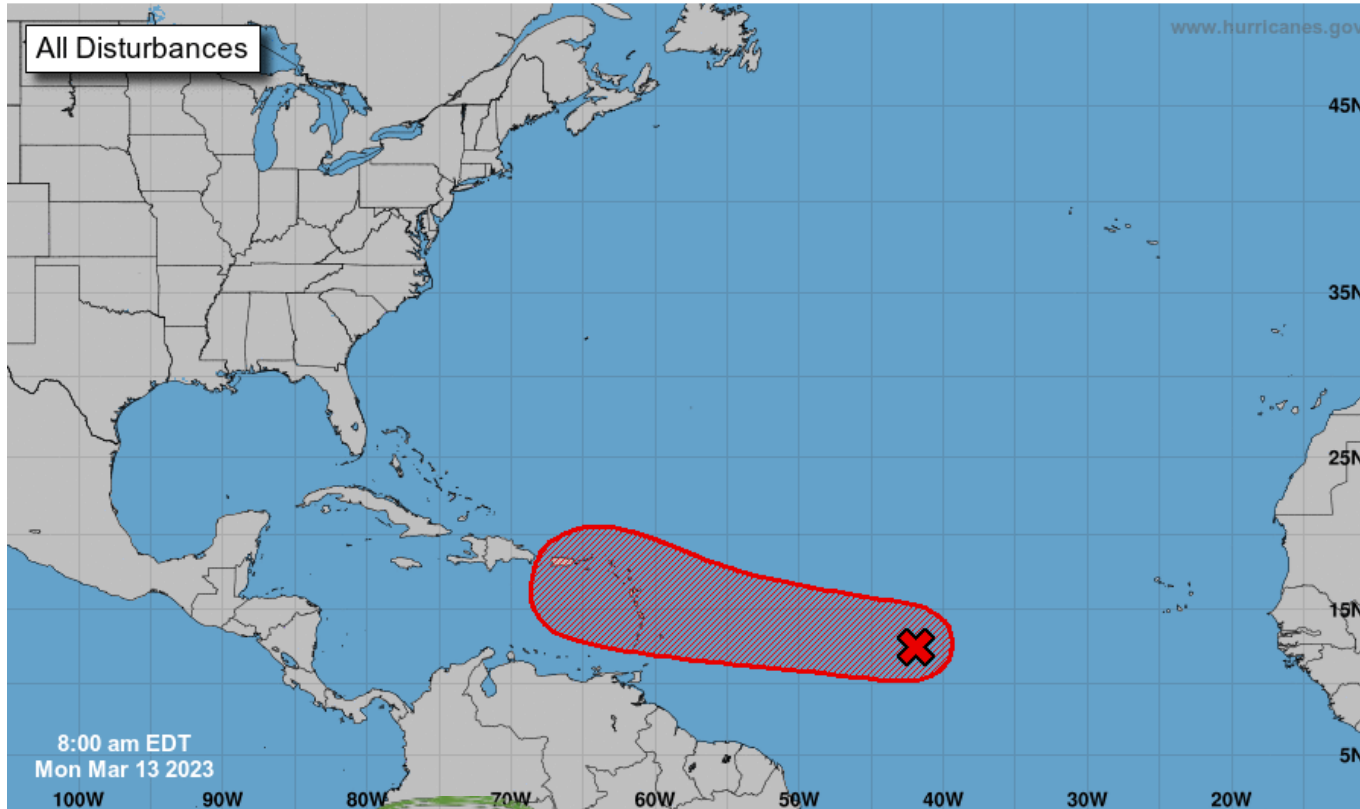


Tropical Weather Outlook



Seven-Day Graphical Tropical Weather Outlook

National Hurricane Center Miami, Florida



- Highlights area of potential tropical development over the next 7 days
- Shading represents the potential formation area and NOT the track of the system
- New 7-day graphic will likely show larger areas as systems are likely to be introduced sooner

Current Disturbances and Seven-Day Cyclone Formation Chance: < 40% 40-60% > 60%
Tropical or Sub-Tropical Cyclone: Depression Storm Hurricane
 Post-Tropical Cyclone or Remnants

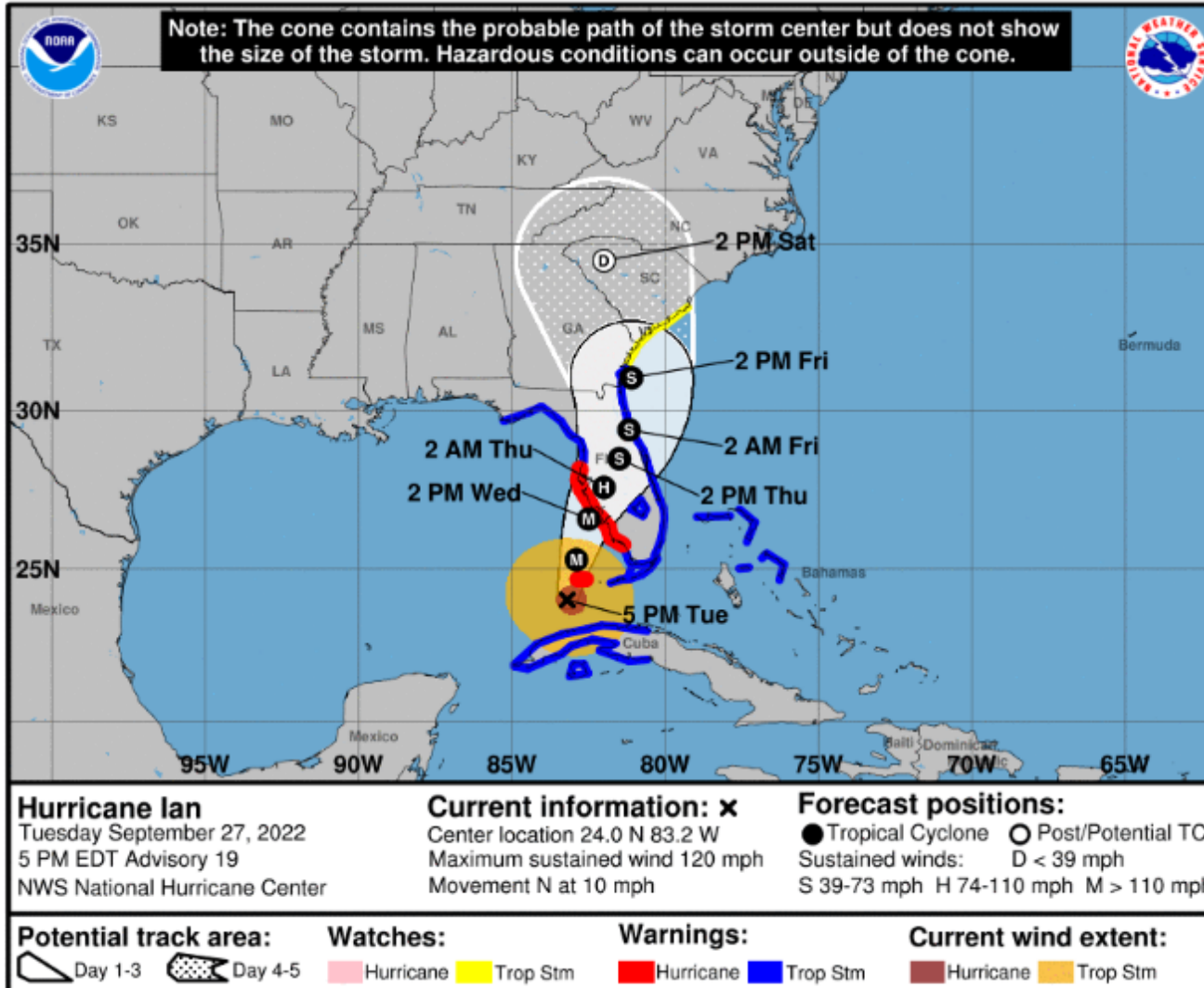
Tropical Products & Services



WEATHER FORECAST OFFICE

Melbourne Florida

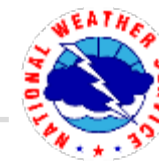
Potential Track Forecast



- Depicts the most likely track (2/3rd of the time) of the center of the storm
- Based on NHC's performance over the past five years
- Does NOT convey impacts



Information about the NHC cone and reminders

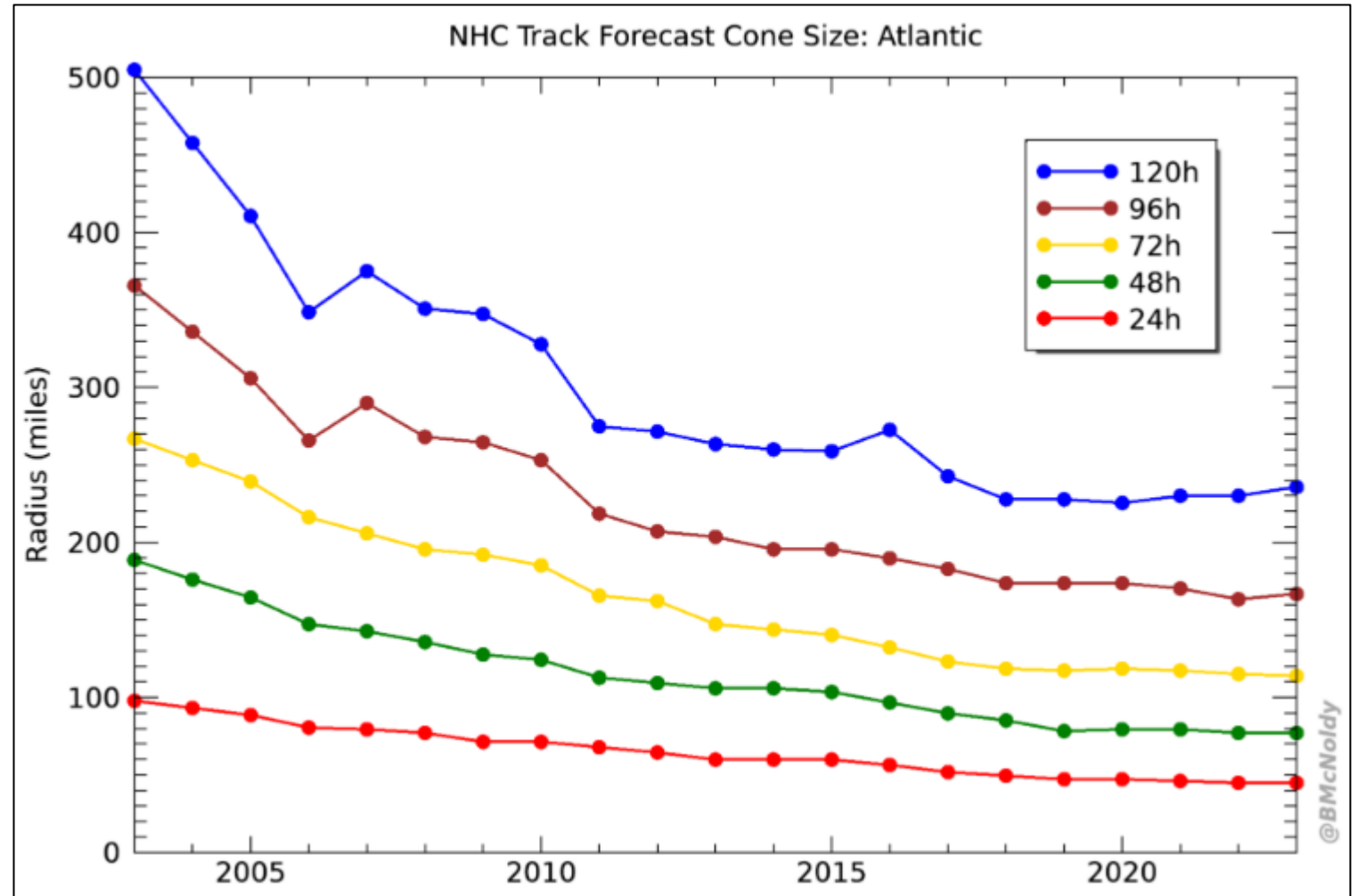


Track Forecast Errors

- The size of the 5-day potential track forecast cone has decreased dramatically from its inception
- Recently, only small fluctuations in size have been seen year-to-year

Key Message

Impacts will occur further outside of the forecast cone as it gets smaller!



@BMcNoldy



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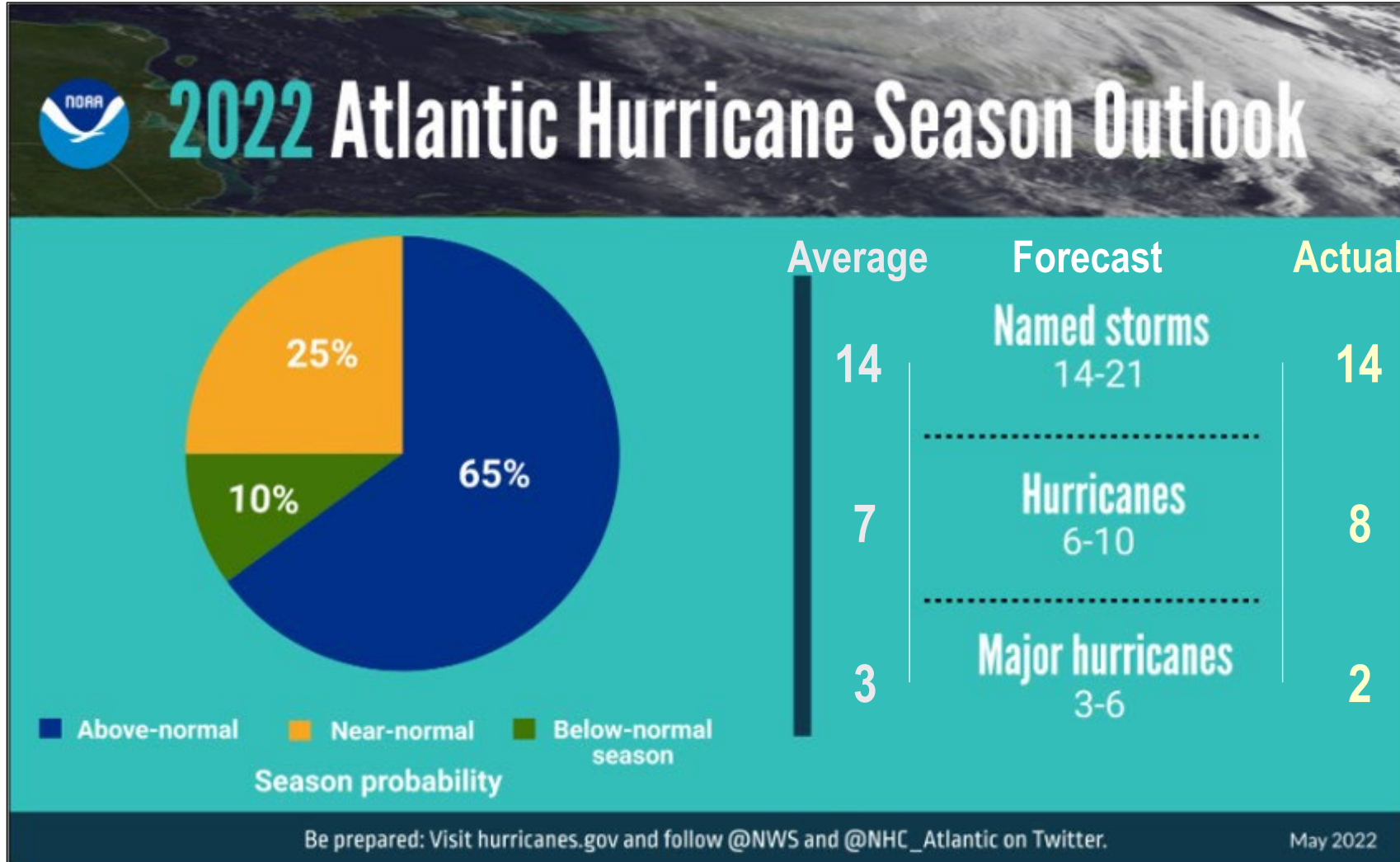
2022 Hurricane Season

By The Numbers



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- From a numbers perspective, the 2022 hurricane season will be looked back on as an “average season.”
- From an impacts perspective, the 2022 hurricane season will be looked back on as *anything but average...*

2022 Hurricane Season

Tracks



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Florida was directly impacted by three systems this season:

- Potential Tropical Cyclone 1 / Tropical Storm Alex (Jun 3 – 4)
- Major Hurricane Ian (Sep 27 – 29)
- Hurricane Nicole (Nov 8 – 10)

2022 Hurricane Season

Alex, Ian, & Nicole



WEATHER FORECAST OFFICE

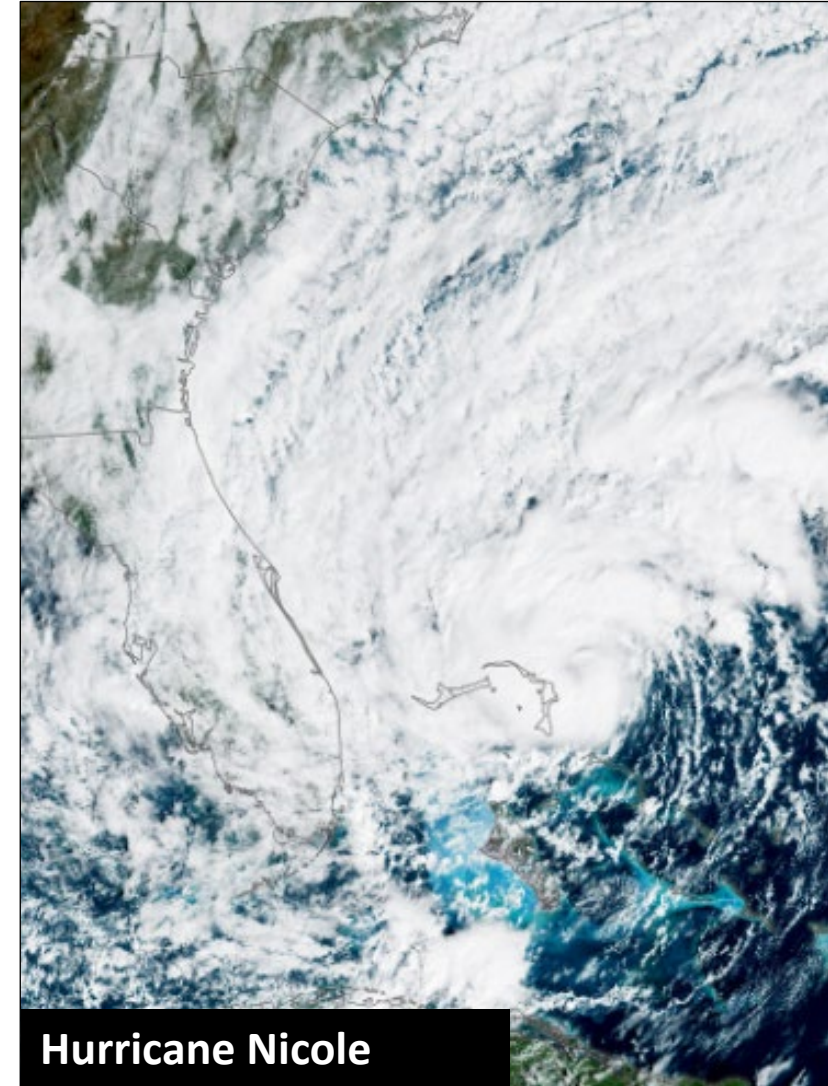
Melbourne  Florida



PTC 1 / Alex

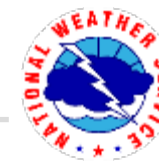


Major Hurricane Ian



Hurricane Nicole

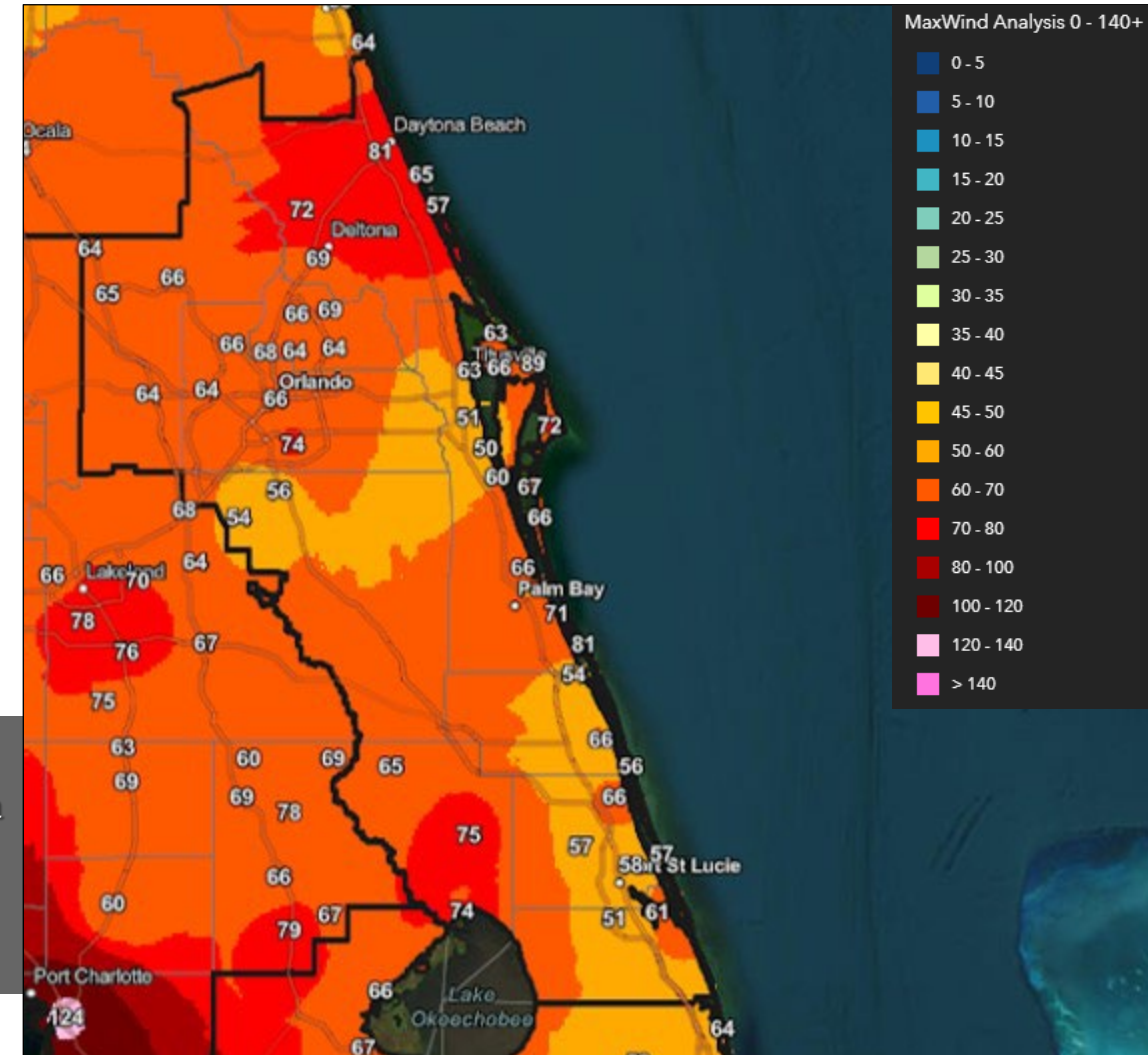
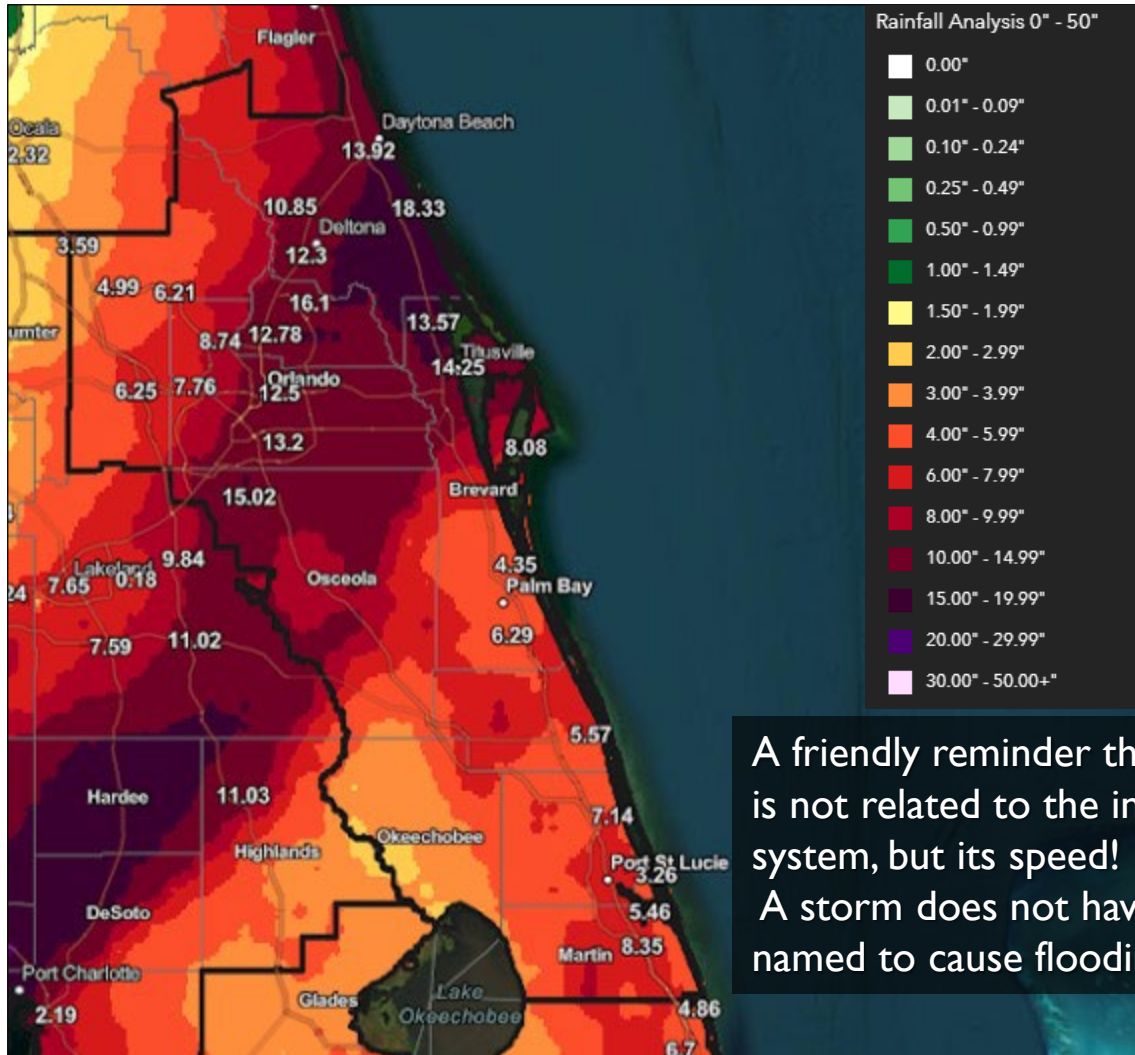
Major Hurricane Ian



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Rainfall & Wind



A friendly reminder that flooding is not related to the intensity of a system, but its speed!
A storm does not have to be named to cause flooding!

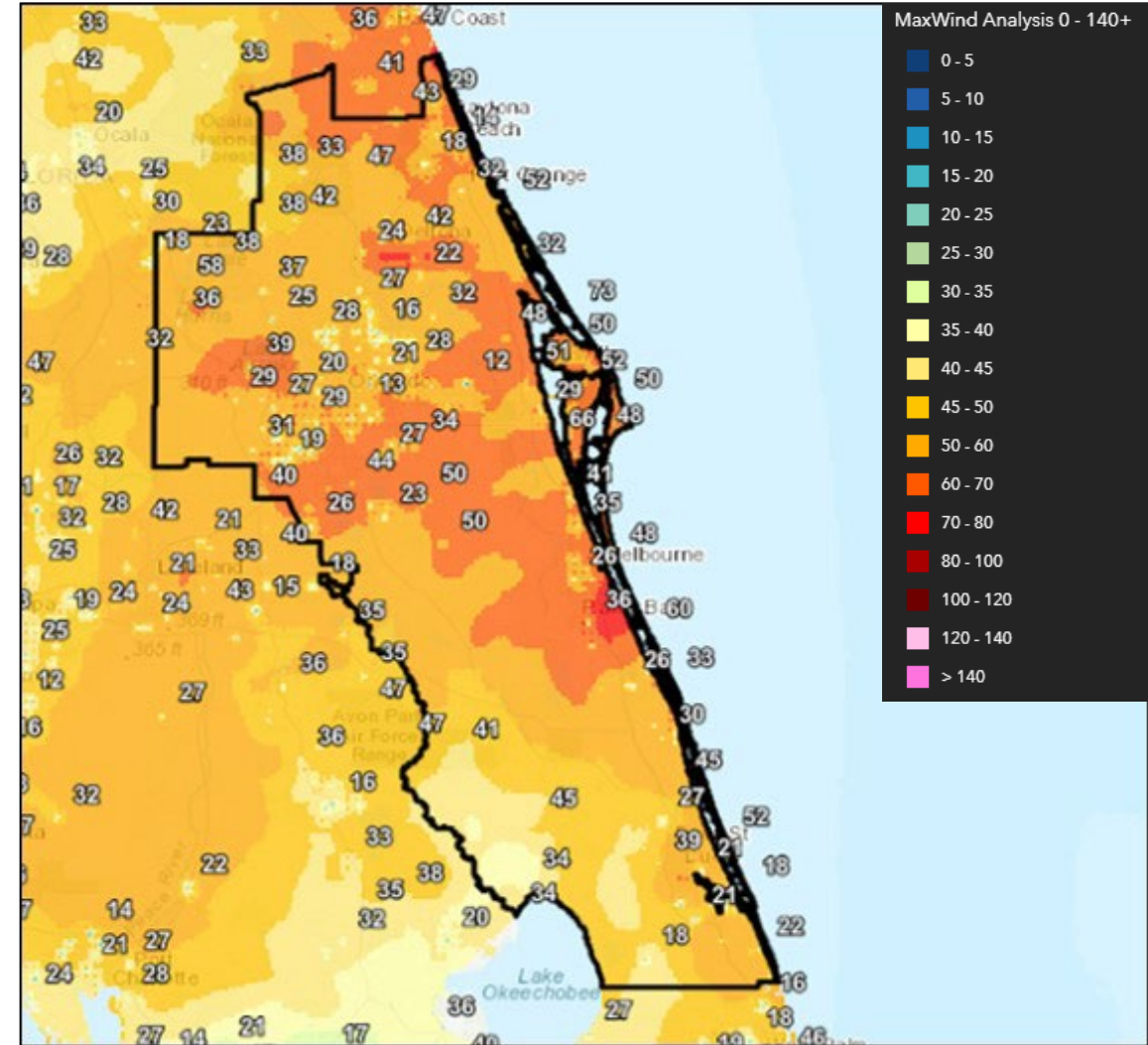
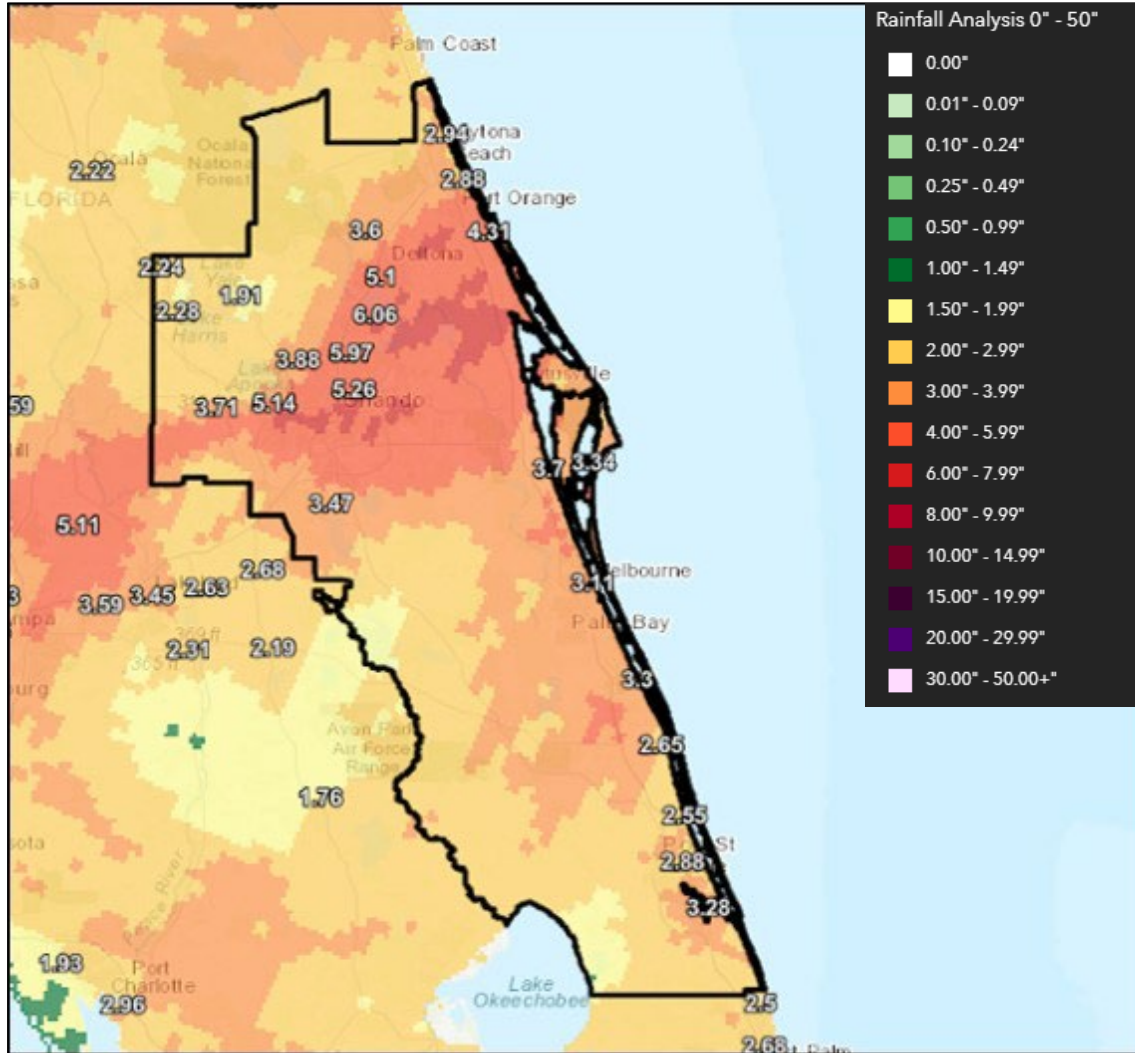
Hurricane Nicole

Rainfall & Wind



WEATHER FORECAST OFFICE

Melbourne Florida



Rainfall Distribution in Storms

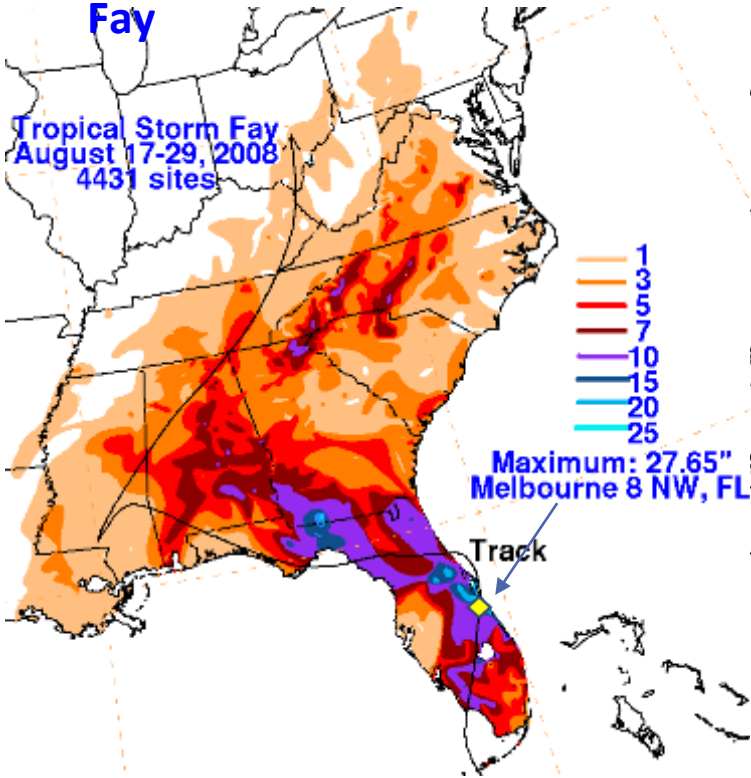


WEATHER FORECAST OFFICE

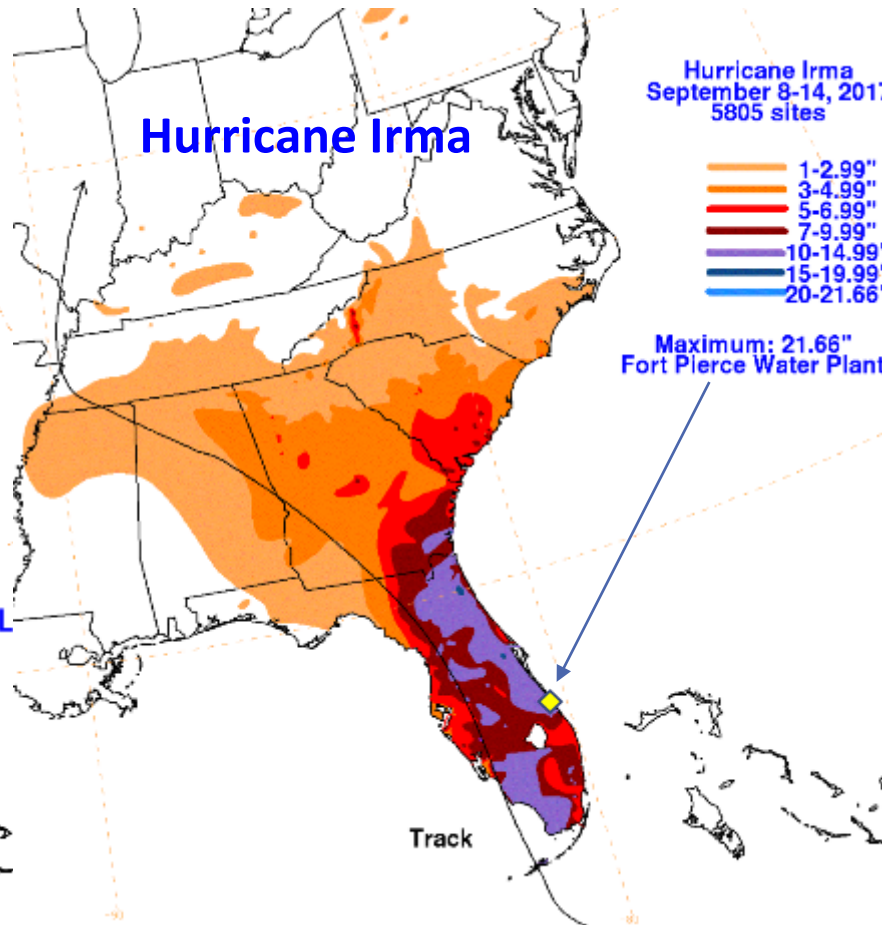
Melbourne Florida

Fay, Irma, Ian Florida Rainfall

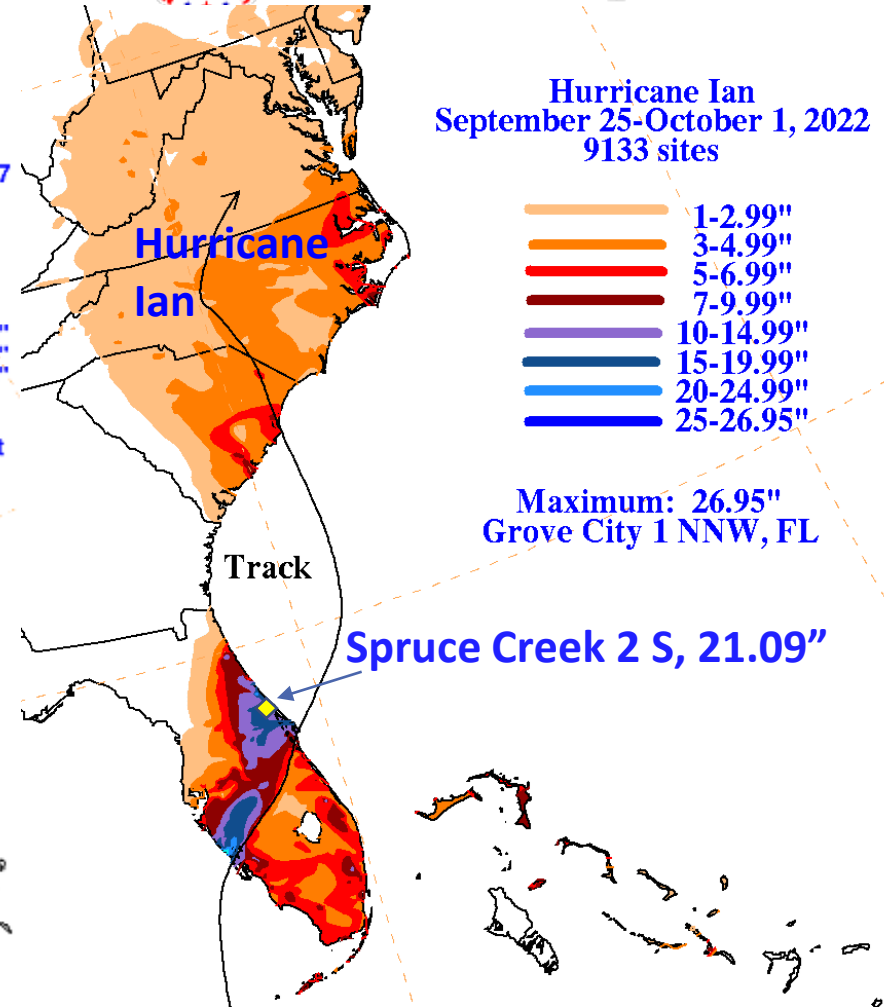
Tropical Storm Fay



Hurricane Irma



Hurricane Ian



Tropical Rainfall Distribution: **Fay** - heaviest along track; **Irma** - heaviest right of track; **Ian** - heaviest left of track.

When it comes to tropical flooding, the category simply doesn't matter.

Hurricane Season 2022



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Key Takeaways

- The 2022 Atlantic hurricane season was *near-average* by the numbers, breaking the streak of above-average seasons we've seen for the past six years.
- Despite being average by the numbers, it will be remembered as *one of the costliest and deadliest seasons on record*.
- Use caution reading into trends early in the season (remember when we had a 60-day lull in activity between July and August after tropical storm's Alex, Bonnie, and Colin?). *Every season is different!*





- National Weather Service Overview
- Tropical Storms & Hurricanes Basics
- Tropical Products & Services
- A Look Back at 2022
- **What About 2023?**
- Hurricane Preparedness & Safety

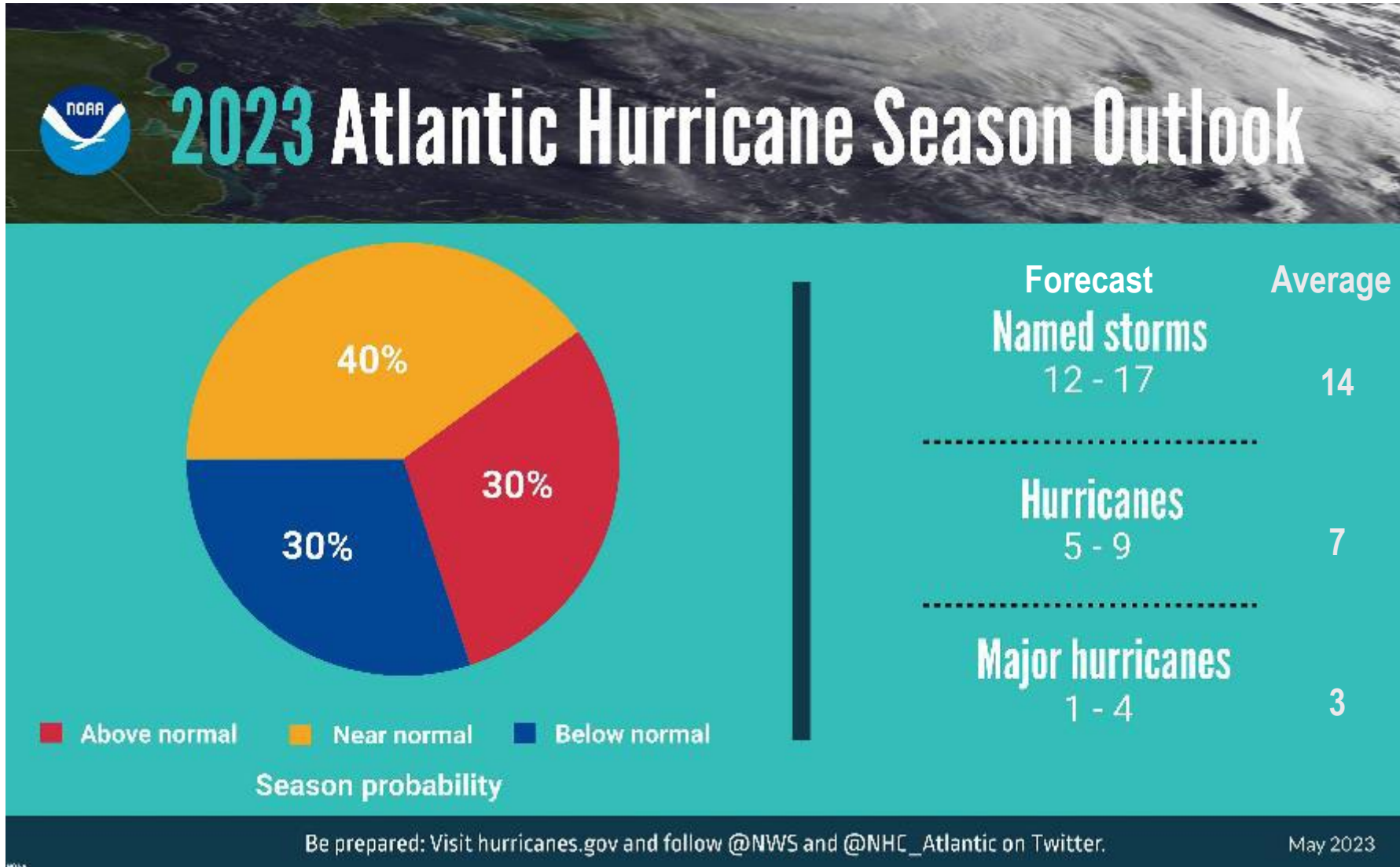
2023 Atlantic Hurricane Outlook

Near Normal Season Forecast



WEATHER FORECAST OFFICE

Melbourne Florida





The graphic features a satellite image of a tropical cyclone at the top. Below it, the NOAA logo is on the left, followed by the title "2023 Atlantic Tropical Cyclone Names" in large white and teal text. The names are organized into three vertical columns, separated by dark teal bars. At the bottom, there is a teal bar with white text providing preparation advice and a date.

2023 Atlantic Tropical Cyclone Names

Arlene	Harold	Ophelia
Bret	Idalia	Philippe
Cindy	Jose	Rina
Don	Katia	Sean
Emily	Lee	Tammy
Franklin	Margot	Vince
Gert	Nigel	Whitney

Names provided by the World Meteorological Organization

Be prepared: Visit [hurricanes.gov](https://www.hurricanes.gov) and follow @NWS and @NHC_Atlantic on Twitter.

May 2023

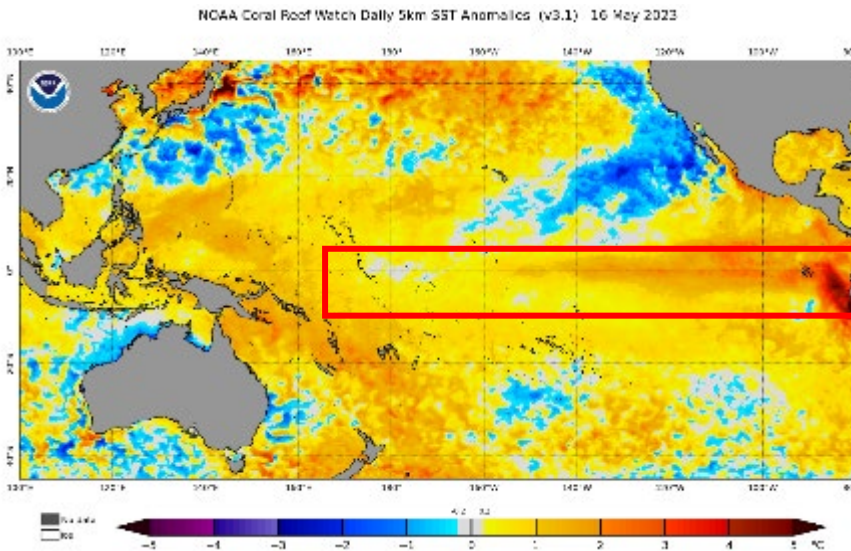
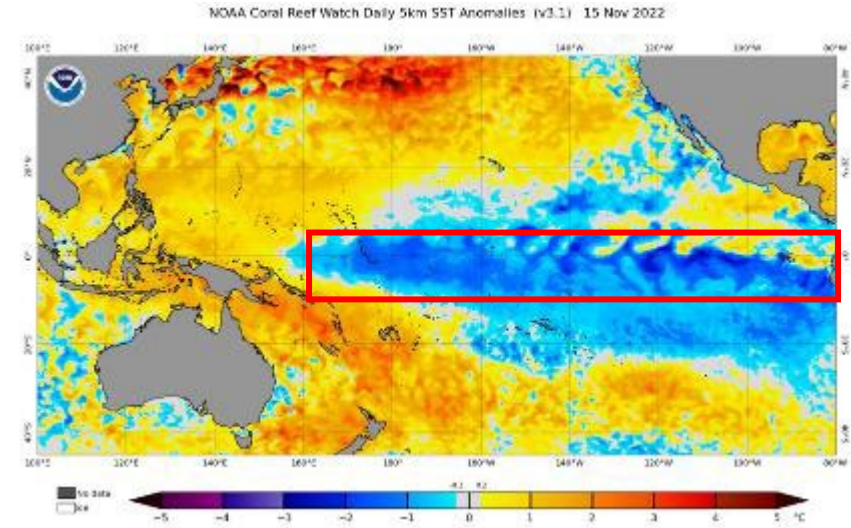
A Look Ahead at 2023

Current Pacific Water Temperatures



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Melbourne Florida



- Water temperatures in the central and eastern Pacific warmed considerably over the fall and winter
- Atmospheric conditions reflect ENSO-neutral conditions at this time; however, an El-Niño is likely to develop this summer

A Look Ahead at 2023

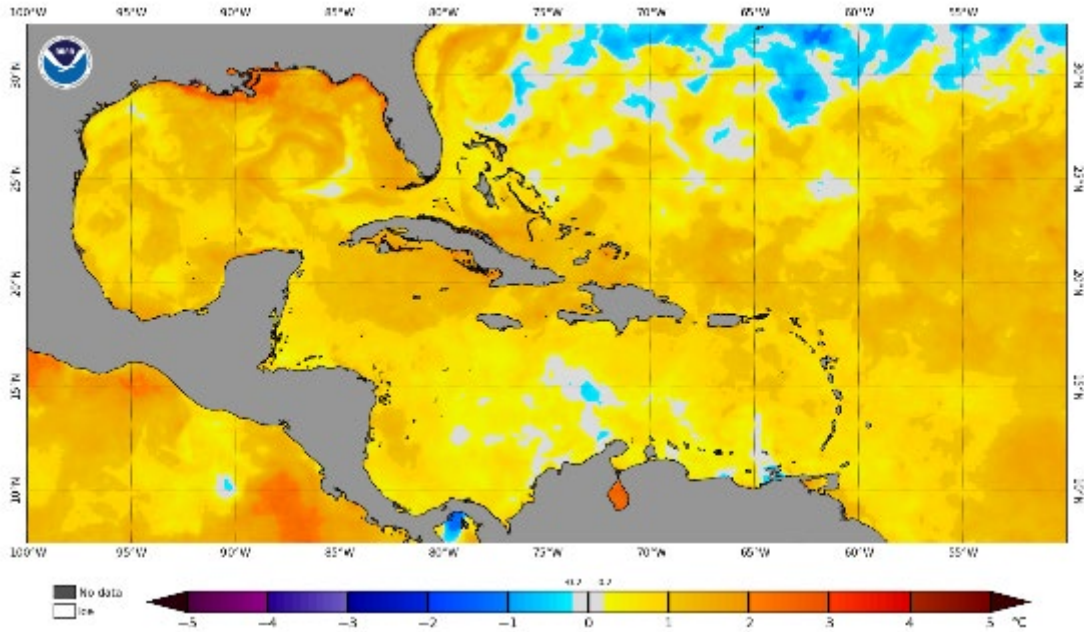
Atlantic Water Temperatures



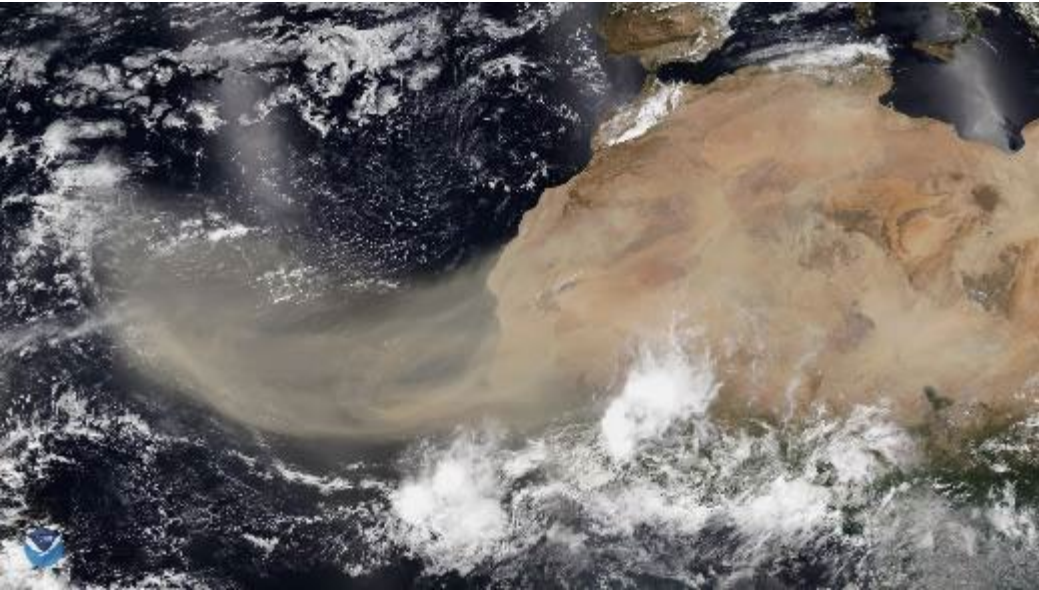
WEATHER FORECAST OFFICE

Melbourne  Florida

NOAA Coral Reef Watch Daily 5km SST Anomalies (v3.1) 16 May 2023



- Water temperatures in the eastern tropical and subtropical Atlantic are above normal, while they are near normal in the Caribbean
- This could offset atmospheric conditions produced by an El-Nino in the Pacific, resulting in more storms than would otherwise be expected



- The Saharan Air Layer (SAL) is a mass of very dry and dusty air that forms over the Sahara Desert and peaks from late June to mid-August
- Often associated with warm, dry air and strong winds that act to suppress hurricane formation and intensification
- While we are beginning to better understand and monitor this layer, research related to forecasting is still in its infancy



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Hurricane Preparedness (Pre-Season)

Determine Your Risk



Storm surge



Strong winds



Tornadoes



Flooding & rainfall



Rip currents

weather.gov



Hurricane Preparedness (Pre-Season)

Develop an Evacuation Plan



Find out if you live in an evacuation zone



Plan several routes



Have a go bag for supplies



Plan for your pets



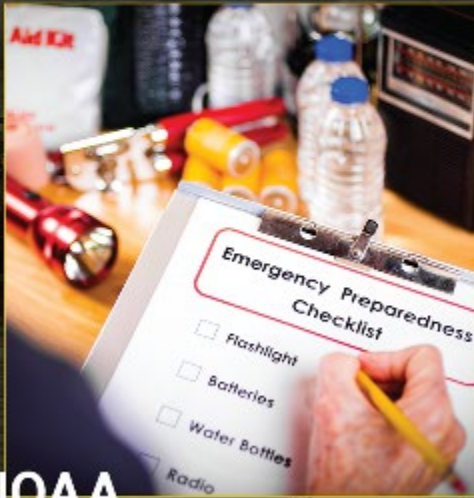
Follow evacuation orders if given

weather.gov



Hurricane Preparedness (Pre-Season/Pre-Storm)

Assemble Disaster Supplies



Food & water



Medicine & prescriptions



Keep gas tank full



Cash on hand



Radio, batteries, phone chargers

weather.gov



Hurricane Preparedness (Pre-Storm/Watch Period)

Strengthen Your Home



Cover windows



Trim trees



Secure loose outdoor items



Secure all doors



Move vehicle to a safe location

weather.gov



NOAA

NOAA

NOAA

NOAA

Complete a Written Plan



Have a contact list



Keep critical documents together for quick access



Have at least one contact outside of the impact area



Share your plan

weather.gov



NOAA

HAZARDS REMAIN



Be careful near damaged buildings

Do not enter a damaged building until local authorities say it's safe. Leave your home if there's shifting or unusual noises. If you smell gas, get outdoors immediately and call 911.



Watch out for power lines

Stay far away from damaged power lines, whether they've fallen to the ground or are dangling overhead.



Don't walk or drive through floodwaters

They can contain harmful bacteria, chemicals, sharp objects, live wires and reptiles/other animals. It only takes 12 inches of fast moving water to sweep a car away.



weather.gov



POWER OUTAGE



Use flashlights, not candles

This will avoid risk of fire. Turn on flashlights before entering buildings, to avoid producing a spark that could ignite leaking gas.



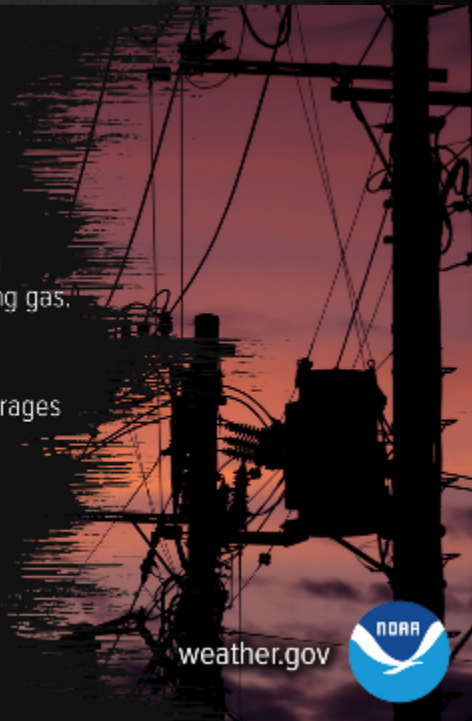
Practice portable generator safety

Use outdoors, at least 20 feet away from doors/windows/garages to avoid carbon monoxide poisoning. Properly ground, and don't overload.



Be careful with food and water

Food in the fridge can start to spoil after as little as 4 hours. Drink bottled/boiled water only, as purification systems may not be working. Use camp stoves/grills outdoors only.



weather.gov



CLEANING UP



Don't push yourself

Straining the body can lead to heart attacks and other serious issues. Perform cleanups slowly, taking lots of breaks.



Be careful with chainsaws

Wear protective gear. Keep a safe distance from bystanders. Avoid contact with fallen power lines to prevent electric shock. If you aren't trained to use them, leave power tools to the experts.



Stay safe in the heat

Stay hydrated. Wear light, loose-fitting clothing. Take breaks in shaded areas or in air conditioning. Cleanup during cooler hours if possible.



weather.gov





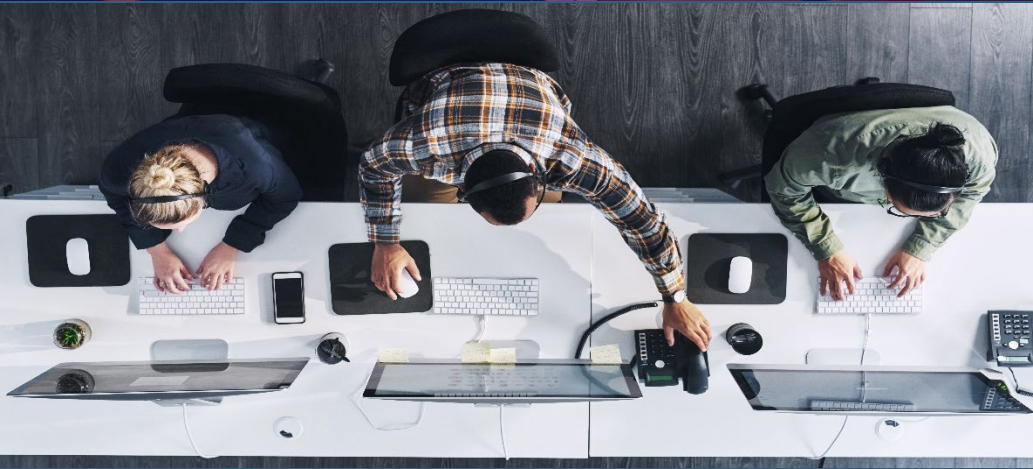
- Use seasonal tropical forecasts as a reminder to **have your hurricane preparedness plan in place before the start of the season!**
- Competing factors, like developing El-Nino conditions in the eastern Pacific, and warmer-than-usual temperatures in the Atlantic, **will add greater uncertainty to this year's seasonal forecast**
- Overall, oceanic and atmospheric conditions suggest that the Atlantic hurricane season is likely to be near normal; however, always remember: **it only takes one!**

Questions?

...

Will Ulrich
Warning Coordination Meteorologist
william.ulrich@noaa.gov





StayFitforDuty.org



BACKGROUND OF GRANT



- In December 2021, First Lady Casey DeSantis announced \$12 million in funding to implement and expand behavioral health services for First Responders and their families throughout the state.

YOU'RE THERE FOR US FIRST WE'RE HERE FOR YOU NOW



- In February 2022, LSF Health Systems was announced as a recipient of the grant for a 20-county region in northeast and north central Florida.

FIRST RESPONDER POPULATION SIZE

- There are 23,877 First Responders in our grant's 20-county region
- There are an estimated 51,172 family members
- <https://bluehelp.org/the-numbers/>

Source: *LSF First Responder Regional Supports Strategic Plan*

FIRST RESPONDER FEEDBACK

Top challenges faced by First Responders: PTSD, substance use, anxiety, marriage/family challenges

90% of First Responders report knowing someone who experiences mental health challenges

The top 3 reasons a First Responder may not ask for help are:

1. Stigma
2. Lack of Confidentiality
3. Denial of Needing Help

FIRST RESPONDER FEEDBACK



Peer Support implementation lacks buy-in from the highest levels of leadership.



Therapists and clinicians utilized by EAP Plans are not trauma-informed.



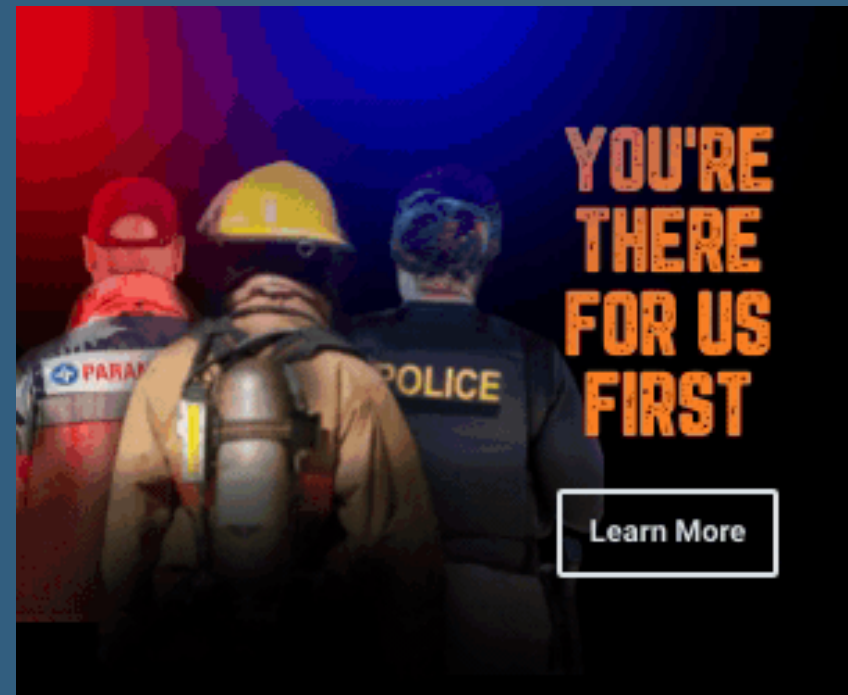
Rural communities lack the amount of available resources compared to urban communities.

Source: *LSF First Responder Regional Supports Strategic Plan*

PUBLIC AWARENESS—INFORMING FIRST RESPONDERS ABOUT OUR PROGRAM

To date, we have received 13,077,090 impressions on our Public Awareness campaign through:

- Television and streaming commercials
- Social Media
- E-mail Blasts
- Radio Spots
- Digital advertisements

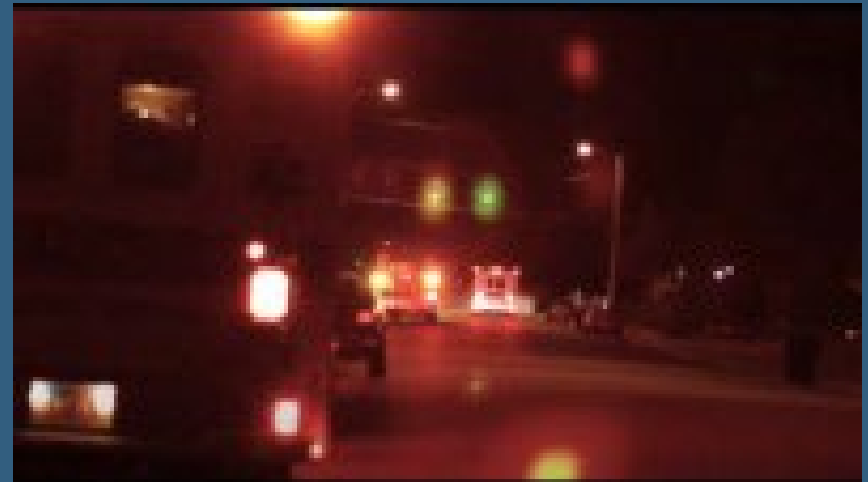


THE PROCESS FOR FIRST RESPONDERS & THEIR FAMILIES TO ACCESS SERVICES

- Step 1: Dial 211. This is the gateway to peer support and other community resources.
- Step 2: Identify yourself as a current or former first responder, or a member of a first responder family, then answer a few screening questions.
- Step 3: You will be paired with a first responder peer specialist that will contact you within 24-48 hours.
- Step 4: You will either be paired with a First Responder Peer Specialist immediately or one will call you back within 24 hours. They will work with you to create a long-term plan designed to help you feel better and stay fit for continued duty.
- Step 5: Your peer specialist will follow up with regular check-ins over a period of up to six months.

WHAT IS THE ROLE OF A PEER?

- Advocating for people in recovery
- Provide support, encouragement, understanding and a listening ear (70/30)
- Sharing resources and building skills for wellness and whole health
- Building community relationships
- Leading recovery groups
- Serve as a mentor and helping set goals



PEER SUPPORT FUNDAMENTALS

- Empathetic
- Peer support is respectful
- Requires honest and direct communication
- Involves mutual responsibility
- Peer support is about sharing power
- Peer Support is reciprocal

TYPES OF PEER SUPPORT ACTIVITIES

- Formal Support Groups
- Activity focused
- Educational activities
- Informal and one-one peer support
- Advocacy

KEY MEASURES OF PROGRESS: 2-1-1

Number of calls
per month
(Average 70)

- 80% of callers are referred to individualized resources

Documentation

- Timesheets to demonstrate coverage and availability

KEY MEASURES OF PROGRESS: *PEER SERVICES*

Number of
peers served
(Average 50)

- 90% satisfaction rate



HEALTH
SYSTEMS

OUR STRATEGIC PLAN



Continue to enhance our regional resource network for First Responders and their family members



Expand the availability of our regional Peer Support services



Develop a comprehensive training program

Source: *LSF First Responder Regional Supports Strategic Plan*

FAQ's

Does a First Responder have to call 211 first?

- No, a First Responder may call Here Tomorrow or CHS directly

If a person calls CHS/Here Tomorrow but needs resources, how do they access them?

- First responder peers are equipped to access resources and information on behalf of the first responder caller to help them navigate the behavioral health system.

Is my information confidential?

- Yes! Any data that is required to be reported to the funder is de-identified (all PHI removed)

Will you report information to my agency?

- No, LSFHS will not share any information to your agency

What if a FR does not like their peer or organization?

- You will be directed to another first responder peer that is trained to meet your needs

Questions?

LSF Health Systems is a Managing Entity contracted with the Department of Children and Families.

Sponsored by the State of Florida, Department of Children and Families

